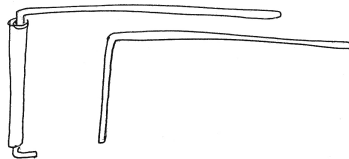


Dowsing Tools

By Marty Cain, Black Mountain N.C.

One of the beauties of dowsing is that you need only know the question for the answer lies where the question is asked. Through dowsing you can find the answer. It is a skill we improve over time but it is also an art, a way of life as is integrity, gratitude, generosity, and happiness. Because we are human we will make mistakes and the best way to handle them is to learn from them. Do investigate your answers. Dig that well, check that archeological site, find that missing object, and go to that movie. If you are off, do your best to discover why. If you have charged a client for your dowsing, return your fee. Your integrity is most important.

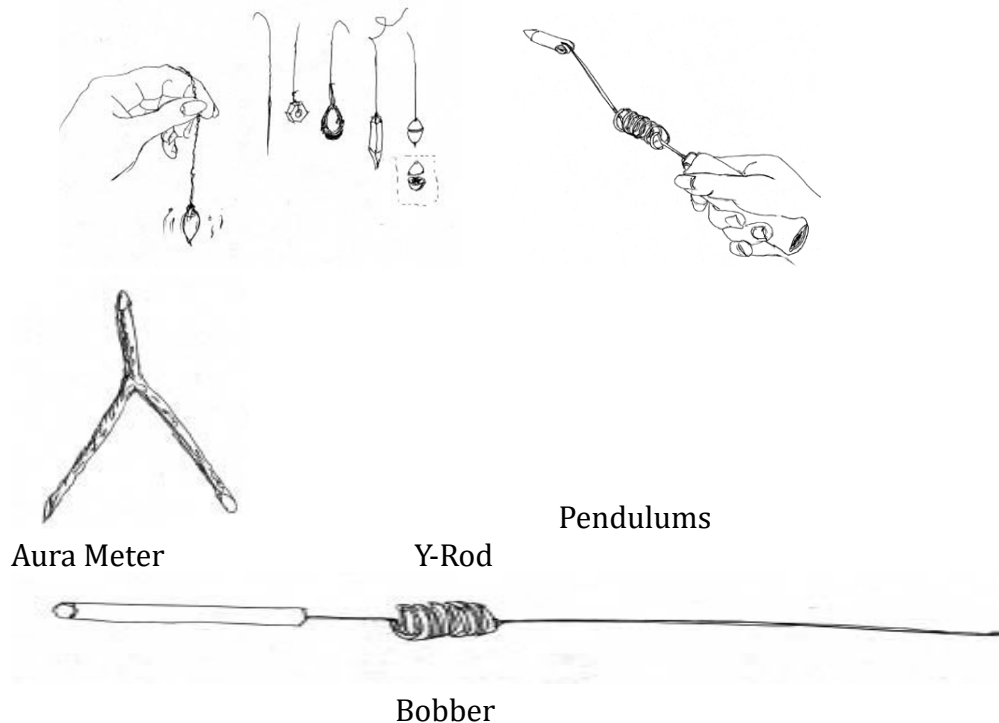
There were almost as many definitions and ways of dowsing as there were dowsers. Some are so complicated they make my head spin but the best dowsers seem to keep to the simplest principles. So I use the simplest methods possible. If it works use it!



L-Rods

When teaching I always start with the L-rods for I have never met anyone who could not get a response using them. Hold them parallel to the ground, about waist height like six shooters, and then ask what *Yes* looks like for you. The rods will swing either open or crossed. Sometimes the rods just keep spinning. Be patient. It is just that your higher self is excited that you are finally going to be able to listen to him/her. If you need to, tip the ends slightly down to calm them. Once you get your *Yes* response than ask for *No*. This will be the opposite of the *yes*. Most of us do not like hearing *no* but remember that without a good strong *no* your *yes* does not mean anything. Once given your personal code you can now get answers to any simple and precise *yes/no* question. It is most important to respect and honor everyone and everything. Do not ask questions if the matter is none of your business or does not affect you in any way. Always ask: May I, can I, is it in the highest good I dowse now?

If you are dowsing on site or in the field, the L-rods can point toward what it is you are looking for. They will swing toward North if that is what you ask for. They may also have a different response when you reach your target. Some dowsers get their *yes* response, others will get an "X marks the spot" so their rods will cross when over the target. What ever you get is fine just know your own responses and do NOT change them. You do not want to be confused when a real need arises.



There are many tools that you can use. Some are very complicated, expensive and beautiful like the aura meter and some pendulums, but here too you can use a branch from a tree or any simple weight tied to a string such as your keychain or even a wet teabag. Simple, simple, simple!

When choosing another tool, begin as you did with the **L-rods** by asking your higher self to show you your *yes* and *no* responses. Just remember that the tool does not do the dowsing - you do. Just as a pen only writes when you move it and any pen will do.

You may find that different tools seem to feel better for different situations. I use **L-rods** for field dowsing as my clients can easily see what I get for responses and they clearly point in the direction I must go to find my target. I use the **pendulum** when advising on the phone, as it is small and handy. When walking in the woods a long thin stick that bobs will do for the **bobber**. Simply hold it in front of you by the skinny end and let the heavy end bob up and down. I **body-dowsing** in the grocery store so I do not have to explain to curious onlookers. If the answer to my question is *yes* my body leans forward and if *no* I find myself leaning backward. You can also **finger dowse** by rubbing your finger on a smooth surface. If it sticks it is a *yes* and if it stays slippery it is a *no*. You can also rub two fingers together with the same result. Always check your own codes.

With the **Y rod** I grip the short ends with my hands turned upward and pushed in a bit to create a tension. Keep it off to one side as it will swing up or down for your *yes/no* code. If it swings up it could hit you in the face. I seldom use one but they can be easily cut from a forked branch if you do not have another tool with you.

Like most arts it is important to be in a good frame of mind when you dowse but it need not be complicated. First do not be trying to prove anything or have your

ego involved in the answer. Second, I have found that distractions are the usual cause of mistakes so focus your attention like a laser. The next big flaw is usually in the question itself. It is simple and precise enough? Am I asking more than one question or are the questions coming faster than I can dowse? We are human, and although we strive for 100 % it is rare indeed. So slow down and be as precise as you can. Know that anyone can dowse. It is important to remember that your ego cannot dowse for when you are ego involved in a question or quest, the answers will seldom be accurate. In such cases I recommend you ask someone else to dowse for you.

The dowsing system, when taught well and practiced with integrity, allows the higher self to communicate with the conscious mind. It also avoids much of the normal ego censorship of ideas. Your inner voice, however, is quiet compared to the Ego's loud one and often it is difficult to tell the difference. Over time, physical evidence that confirms your dowsing reactions and helps to tame any nagging doubt. I suggest you practice on tangible goals so as to verify your results. Practice, practice, practice! You may discover that once you can consistently find the coin or get the right color of the turned over card, your higher self will get bored and you will no longer get accurate answers. You no longer have a need to prove to yourself that you can dowse so it is time to get down to business. Dowse real questions and start using dowsing to make a difference. Continue to explore, investigate, learn and be delighted.