

The Wellspring

Appalachian Chapter

American Society of Dowzers
<http://www.wncdowzers.org>

September 2012

Appalachian Dowzers presents

Doug Bennett

Dowsing to Communicate and Understand



Is there a scientific explanation for the dowsing reaction and remote dowsing? Yes! Doug will bring his quantum field model to bear on these questions. There are profound implications for the power of thought and beliefs.

Sam Richardson

Clearing Land and Houses of Non-beneficial Energy



Sam will present simple techniques to clear or transmute problematic geopathic energies (underground streams or earth grids), EMFs, nature spirits, entities and other disincarnate spirits, energy cords, and blockages to the natural flow of energy.

Saturday, September 15, 2012 – 1 to 4 pm – Unity Center, Mills River, NC

Members free • Nonmembers and guests \$10

Please join us for this fun and informative program, sponsored by your local ASD chapter!

In addition to the regular **Introduction to Dowsing** class at 11:15, there will also be a **Spiritual Dowsing** class with Richard Crutchfield at the same time.

11:00 am - 1:00 pm	Registration (books and dowsing instruments for sale)
11:15 am - 12:45 pm	Introduction to Dowsing class with Lee Barnes (simple dowsing tools provided)
11:15 am - 12:45 pm	Spiritual Dowsing class with Richard Crutchfield
1:00 pm - 4:00 pm	Program (1/2 hr break 2:15 – 2:45 pm)
4:00 pm - 4:30 pm	Book sales tables and dowsing practice course remain open

Directions: Take I-26 to Exit 40 (Airport and Rt. 280). Turn west toward the airport and Brevard. At about 1 mile past the second airport entrance, turn Right on Old Fanning Bridge Rd (green signs). Go 2 miles and the Unity Center sign and entrance will be on the left. (2041 Old Fanning Bridge Road; Mills River, NC 28759)

President's Corner

Quantum Leap

By Roy "Dudge" Dudgeon

This past winter, an evening course catalog from Blue Ridge Community College showed up in my mail box. After reviewing the multitude of offerings, I took out my pendulum and dowsed which course would be most beneficial for me and signed up for Quantum Physics.

To prepare for this undertaking, I read books by Stephen Hawking and Amit Goswami. I purchased a copy of Doug Bennett's "Life and Spirit in the Quantum Field". Doug is a Chapter member and has recently presented at this year's ASD Convention. We are fortunate to have him along with Sam Richardson as the speakers for our September 15th meeting. Don't miss it!

The first night of the class we were given a copy of the text book and a brief outline of the course. Although the text was way over my head and filled with equations, charts, and graphs, the instructor insured us that the course was theory only and would be down to earth.

In the next six weeks I learned about the uncertainty principle, particles vs. waves, interference patterns, quantum entanglement, and "spooky" action at a distance. I began to reframe my personal theory of how energy works into a "quantum metaphysical" approach which completely changed my view on several things, not the least being dowsing.

So the moral to this story is simply "don't doubt your dowsing". The pendulum did help me make a choice that was to my benefit and one which turned out to be mind expanding.

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Announcements

Member Directory



We would like to create a directory of members organized by area of expertise (any kind, not necessarily dowsing-related). It would be part of our website and possibly in print form also. Send us your area(s) of knowledge and number of years experience plus whatever contact information you would like listed, to appalachiandowsers@gmail.com or by mail to Appalachian Dowsers, PO Box 932, Asheville NC 28802, or call 692-6599.

Raymon Grace workshops

August 25 & 26 at Kingsport TN; October 6 & 7 at New Market, VA. Info: raymon@raymongrace.us

Third Thursday Personal Growth Forum

Topic: Relationship Building through Clear Communication

Thursday, August 16th, 7:00 - 8:30 pm

Unitarian Universalist Fellowship - Kanuga Road at Price Street, Hendersonville

Member Events

Richard Cram **Emotion Code Exchange Group** Wednesdays, 7 – 9 pm
at Namaste Center, 419 S. King St., Hendersonville

Spiritual Movie Night: Eckhart Tolle TV streaming event
First Fridays, 7 – 9 pm at Namaste Center
([rscram3 @ gmail.com](mailto:rscram3@gmail.com))

Laura Nelson **Qigong for Health and Harmony** – ongoing classes. Spring Forest Qigong + meditation
Tuesdays, 5:30 – 6:30 pm at Asheville Training Center, 261 Asheland Ave, Asheville, NC
([sailgal @ comporium.net](mailto:sailgal@comporium.net) - www.meetup.com/Qigong-Practice-Group - 884-5824)

Bonnie Willow **Remote one-hour group healing sessions** August 17,18,19 at 2 pm
Register for 1, 2 or all 3 sessions. You will receive an audio CD of the session afterwards.
Special reduced price - \$40 per session. – call or email for details or to register.
([me @ bonniewillow.com](mailto:me@bonniewillow.com), 776-8288)

Events at Vesica Insititute in Asheville

BioGeometry Foundation Training with Robert Gilbert

September 29 - October 5, 2012

www.vesica.org * (828) 298-7707

Join the national ASD

The Chapter encourages all local chapter members to join our parent organization. Dues are \$50 annually. You get a subscription to The American Dowser, a discount on the cost of the national convention, and a bookstore discount. Visit www.dowsers.org.

Events at Crystal Visions

Saturday, August 25th: **Sensory Story Telling and Writing** with **Michelle Payton**

Wednesday, August 29th: **Reality: The Dream** with **Leah Fortner**. Learn how to decode dream symbols. For more information and to register contact Leah at www.awakenwithlove.com or 561-358-8795.

Saturday, September 29th: **Weave the Web Intuitive, Healing, and Creative Arts Festival**

5426 Asheville Highway • Hendersonville, NC 28791
www.crystalvisionsbooks.com, 828-687-1193

Chapter elections in November



Three officers will be elected at the Chapter meeting on November 17: President, Vice President and Treasurer. In addition, one of the two at-large directors will be elected. All positions involve a two-year term. If you enjoy brainstorming new ideas, serving on the Board is a great opportunity to be in on an increasingly timely organization in the Asheville area. Contact the President for more information about the responsibilities that these positions entail.

British Society of Dowsters Annual Conference

Dowsing: Here, There..... Everywhere!

21st to 23rd September 2012
Royal Agricultural College, Cirencester, Gloucester
www.britishdowsters.org

November Program

Damaris Drewry

Who's Driving Your Bus: Clearing Subconscious Programs that Run the Body

Physical or emotional problems that we may be experiencing now are often holdovers from a much earlier emotional trauma. Dr. Drewry will explain the process of releasing these stuck energy patterns, so that we may heal, and regain our personal power at the same time.

Damaris Drewry, Ph.D. Psychology, is a shamanic healer, body dowser, Earth grid singer, and lifelong student of mystical and esoteric traditions. She has taught vibrational medicine and sound healing for 25 years.

Saturday, November 17, 2012

Unity Center, Mills River NC, 1:00 - 4:00 pm

NC Mountain State Fair

September 7th - 16th, 2012. Mountain music and cloggers, rodeo, acrobats, magicians, Mountain Dan chainsaw artist plus livestock and other agricultural exhibits.

Airport Road and Fanning Bridge Road, Fletcher, NC 28732 * 828-687-1414 * www.mountainfair.org

Member's Corner

Dowsing the Alien Presence: What do Dowzers Conclude?

by Dr. Brian L. Crissey

As part of my presentation to the 2012 ASD Conference in June, I asked the 50 or so attendees to dowse answers to statements I would make during the session. The first statement was

D1: There is a subtle energy field different from the electro-magnetic fields of conventional physics.

Yes No No Reaction

83% of the dowzers dowsed that the field of energy they work with is not conventionally detectable in the science lab. It is something different.

The second statement was

D2: The Earth is about 6,000 years old, as suggested by the Bible.

94% of the dowzers disagreed, believing that the Earth is much older than some fundamentalists claim.

My development of the plausibility of alien interaction with the human species uses the 10-billion-year gap between the origin of galaxies and the birth of our planet, about 5 billion years ago. This gap is more than enough time for intelligence to develop elsewhere, learn about wormholes, navigate space, find their way here when our ancestors were still hairy apes, manipulate their DNA and create our kind. We may have met the "enemy" and they are us, as Pogo once said. If God created life *only* on Earth, one has to wonder why He waited 10 billion years for Earth to get ready to harbor life.

The third and fourth statements were

D3: Dowsing reacts to *movement* in the subtle energy field, rather than to static differences in material.

D4: Richard Dawkins disproved dowsing by using the scientific method.

These questions were included because of a video that I showed in which Dr. Richard Dawkins "scientifically" debunks dowsing by having several dowzers say which of many seemingly identical jugs have water instead of sand in them. The results were insignificant. i.e., their correct answer percentage was according to chance. But the water was static, while water veins move.

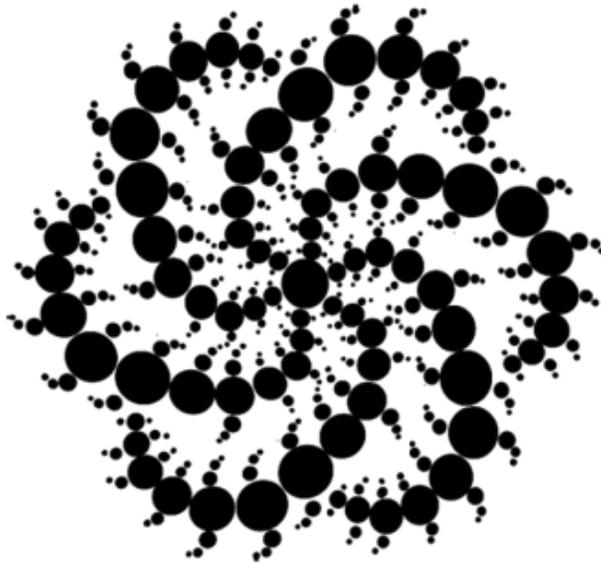
70% of the dowzers agreed that movement is important, while 17% thought that one can dowse the internal composition of things, like foods that are good for you vs. those that are not, and the foods don't move.

77% of the dowzers did not believe Dawkins disproved dowsing. I wondered why the other 23% didn't go home.

D5: There is a coordinated effort to suppress information related to the alien presence on Earth.

96% of those polled agreed, after I showed a direct quotation from the U.S. Air Force study of UFOs from 1966 – 1969, the "Condon Report," which concluded, "UFOs cannot exist. Therefore, any evidence to the contrary will not be considered." It is no wonder that they found no evidence of them. We're supposed to believe these people?

On August 12, 2001, a month before 9/11, an amazing crop circle appeared in the Milk Hill field in southeast England. It appeared overnight and was comprised of 409 perfect circles, each a prime number of inches in diameter. The six arms are all symmetrical and exact. The formation was over 900 feet wide.



D6: The 08.12.01 Milk Hill formation was made by humans in the 4 hours of darkness at that time of year.

83% of the dowsers reported that their instruments disagreed. This was not made by human hands. So the door is open to off-planet visitors, who could have been here long ago, as Zecharia Sitchin claimed in his deciphering of ancient clay tablets.

D7: Advanced civilizations visited Earth in the distant past.

98% agreed. Native American peoples have long displayed a tradition of interacting with what they call the Star Nations, and several prophecies talk of changes expected at about this point in time. The Lakotas long ago predicted a time when the world would sicken and the people of the Earth would rise up as a Rainbow Tribe to save the Earth. Is that now? The Hopis have a prophecy rock that says we are at a choice point between our collapsing 4th world and the emerging 5th world of love, balance and spiritual strength. Is that now? The Mayan calendar, by some interpretations, indicates a major change at the end of 2012.

D8: Now is the time the Lakota prophecy was talking about. 77% yes.

D9: Now is the time the Hopis were talking about. 74% yes.

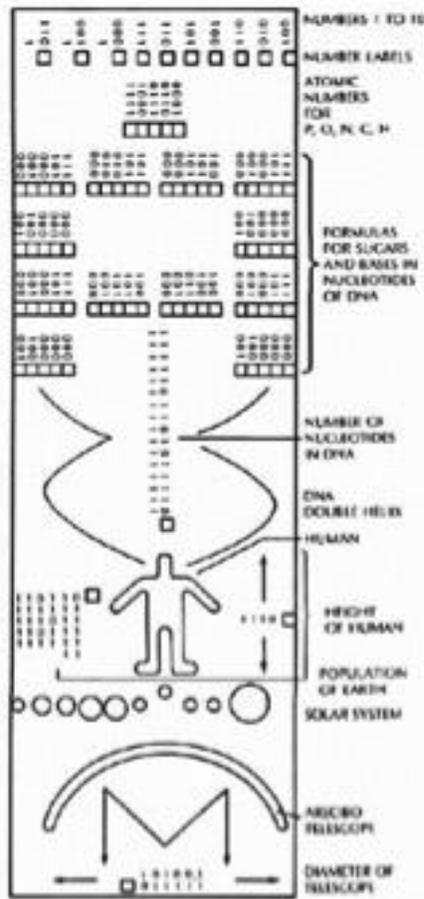
D10: Now is the time the Mayan Calendar was talking about. 94% yes.

In November of 1974, Carl Sagan and others sent a message into space from the Arecibo Radio Observatory in Puerto Rico. It had a particular syntax to it. On August 21, 2001, a reply appeared near the Chilbolton radio telescope in England. It matched our syntax, but it spoke of another race of beings with the same mathematics, smaller stature, bigger heads, and a million more genome sequences. (see pictures on p. 7)

D11: The Chilbolton formation was a response from Advanced Benevolent Communicators to the Arecibo message.

89% of the attendees agreed. We are in conversation with off-planet intelligence.

Three weeks after the Chilbolton formation, airplanes flew into buildings and contact with aliens was not a patriotic topic to discuss, then or for more than a decade, it seems. It is time to talk about this now, however, because it is very likely to be important. Whoever has been covering up the ancient history of alien involvement on this planet is not interested in having us now strike up a conversation with such beings.



There are many powerful people who benefit from our thinking that we are alone in the universe, that Earth humans are God's greatest creation, that we are no doubt the most intelligent life in this otherwise uninhabited universe, that everything that is important is inside the Capitol beltway, and that our military can protect us from all external threats.

It is difficult for most people to understand their phone bill, much less integrate the knowledge that there have been and still are aliens among us. The Garden of Eden? Heaven and Hell? Alien DNA? Roswell? Have we been lied to? Whom can we trust? What is the truth? What's it all about? Get me out of this conversation! Is American Idol on yet?

What we are facing is a paradigm shift. It's like when the buggy-whip manufacturer looked out the window and saw horseless carriages. It's a change of many long-held ideas, all at once. It's what the Hopis were talking about—a decision point, right now. Will we continue to drive our brakeless bus down this ever-steeper hill until we hit the stone wall at the bottom, or can we slow down and get off somewhere? Can we do better? What are our choices? How do we prepare for what is coming? Are we ready?

D12: I am ready for the shift to a better world.

83% of the dowzers polled reported that their instruments said they are ready for the shift. Let's hope they are correct, because it seems to be coming fast. Dowse it. What do you get?

See more at <http://granite-planet.net>.

Brian Crissey is a member of Appalachian Chapter.

Accessing Your Intuition - Dreams

This is the third topic in a series about how to access your intuition.

This series will outline various ways to get in touch with your inner knowledge, to receive the messages that want to come through to you. There are a few principles that are common to most of these methods, which will help you connect to the source:

1. Be calm and receptive to guidance and information.
2. Be in the moment as much as possible, free from interference and distractions.
3. If there is an issue or question that you have been concerned about, state the question to the Universe and let it go for now.
4. Release any expectations about the answer.
5. Maintain respect for the source of information, trust in its value, and be appreciative.
6. Ask the question again and allow time for the response.
7. Express appreciation.



Our topic in this chapter of our series is accessing intuitive information via dreams. First we have an article that clarifies the importance of dreams and gives tips on how to remember them. Then Diana McKendree, a local dream interpreter and spiritual counselor, places dream images and messages into the context of the shift in consciousness that is happening now. We will not offer any specifics here on how to interpret particular dream symbols and events because it's different for each person. You are the one most able to discover the meaning of your dreams. A technique I find helpful with a dream that feels good is to try to figure out how the dream differs from my normal life – in particular, how am I different? -- and then infer a lesson from that. That's what the dream is trying to tell me. Even the dreams that seem to be merely comic relief have their lessons. Talking with an experienced dream counselor is often useful, also. - Editor

Dreams as Intuitive Guidance

By Angela Artemis (excerpted from poweredbyintuition.com)

Some dreams are just distorted collages of recent events. Precognitive dreams foretell of future events. Occasionally we may have vivid encounters with departed loved ones, or recollections of out of body experiences. But many dreams offer intuitive

guidance to solve problems and answer questions about issues we're dealing with in our lives. Your intuition has a very practical purpose and is there to help you make the right choices, keep you safe

and act as a warning system and guidance system in your life.

And one of the best times for our intuition to speak to us is through our dreams. There's no interference from the ego while we're asleep and the subconscious is in control. It will encode information in symbolism. Symbolic information is pure and uncontaminated by the logical mind.

Interpreting dreams

The dreams you have will relate to what is going on in your life, especially if you have been doing work on yourself to understand your behavior and the problems you have encountered. Why do you think therapists love analyzing dreams? Your dreams are a window into your true feelings about things that are happening to you in your life.

Remembering dreams

It's not hard at all to program yourself to remember dreams. Within a few nights you can be recalling your dreams and mining them for the pearls of wisdom they contain. Follow these simple steps to remember and analyze your dreams:

1. Set the intention to recall your dreams. Everything begins with your intention. If you truly desire to remember your dreams you will.

2. Be prepared to write down your dream. Keep a pad and pen on your bedside table so that you can write down your dream as soon as you wake up.

3. Give yourself clear instructions to recall your dreams. Before you go off to sleep tell yourself that you intend to recall your dreams. Remind yourself that you've placed a pad and a pen on the table so that you can write them down. Visualize yourself writing a dream down on the pad when you wake up the next morning.

4. Write down your dream as soon as you wake up. If you get up and move around you will forget. We always think we will remember our dreams because they feel so vivid when we wake up but, chances are you won't.

5. After writing the dream see how you "feel" about it. What is the first association that comes to mind regarding the dream? This is often the key to unlocking the symbolism within the dream. If you're unsure "play" with a few different ideas as to what the dream could mean. Intuition is all about "feelings." Always go with the interpretation that feels right.

6. Stay away from dream interpretation books. Interpreting dreams is highly personal and individualized. You are much better off discussing the dream with someone who knows you well, or an experienced dream interpreter, than going through a dream book.

Exploring the Inner World of Dreams

By Diana McKendree

In working with men and women, committed to listening to and integrating the images that are appearing in their dreams, I am seeing the actualization of an increased feminine energy. I believe this is an affirmation that our collective consciousness is slowly, but surely, progressing to a more inclusive awareness of Nature, of our intuitive abilities and our next step as a species.

There is an increase in the energetic field embodied in these images that is transforming - not only to the personal lives of the dreamer, but also to the understanding of who we are as a species, and what we believe is our true spiritual identity.

I believe we are being called to live into the

language of heart - to literally see with our hearts. When we are able to experience this there is a light that comes through us - it is the light of consciousness that enables us to live in relationship with all sentient beings, instead of clinging to a power principle of competition and separation. This evolved level of being allows us to live into the reality that we are united and interconnected - that you are me and I am you on a level of consciousness our mechanized materialistic culture has destroyed and manipulated.

Our survival is the underlying energy that shifts and moves the psyche to release what we individually hold in our unconscious. We must give life to these images that manifest out of that energy. As responsible adults we need to bring these images into a realm of relationship with our daily lives. The most direct way I know is to record and work with your dreams. Analysis of the material is not as important as developing a relationship with these images, as each has a voice and a message if we are receptive to listening.

Anne Baring, a Jungian analyst, speaks of this process from the perspective of the conscious heart/mind needing to separate from the God we have projected onto for over 2000 years. In letting go we make room for a new image to emerge.

Working with your dreams is a process of reclaiming the projections you are placing on the outside world. As you reclaim these you are faced with the experience of a void within. This can be challenging, as there is a danger of this void being filled with all manner of alternative material - as witnessed in the radical and fundamentalist rhetoric we are all familiar with. Our society is an instant replacement, change-the-channel society that expects immediate gratification. Living a

conscious life requires us to live with the tension of trusting and not knowing simultaneously.

Consciousness is not the "easy" path - it is not always the "happy" path, but it is the "only" path that offers us a true and meaningful existence. When we are called to suffer, the dream will offer us compensatory images that encourage an inner stamina and balance. We must all risk being humbled, risk experiencing and doing our personal, as well as our collective, grief work. Pain is what breaks us open so that the heart might see. This opens a space for a new image to emerge so we can embrace and celebrate it.

As we experience the birth pains of this new consciousness, we are experiencing a wide variety of catastrophes. It is important to realize that the original Greek meaning of this word is "turning around". We are being called to turn around on every level of our existence and our psyches and our souls are supporting us every night with dream images that enable us to discover health and wholeness.

Richard Rohr wrote "*Once I can see the mystery here, and trust the Mystery even in this little piece of clay that I am, in this moment of time that I am - then I can also see it in you, and eventually in all things. That is full enlightenment....*"

Diana McKendree is a spiritual companion using the dream as a tool, opening the path to health and wholeness for her clients. She works exclusively on the phone while living in western NC. Diana is also a senior faculty member of the Haden Institute in NC and in Canada, an international keynote presenter, an Iconographer, artist and Interfaith Minister. Contact her in WNC at 606 2122.

To Your Health

Stress In Our Lives

By Margery Bastian

Our lives are full of stress, even when we don't realize it. Mild upsets can cause more stress than you might think. It can cause your back to go out, when you haven't lifted anything unusual, and cause pain in an area that makes you wonder just why that happened. Those of you who are sensitive may be able to tune into it and find out. We have less time to get things done now, than before. You may think it is just getting older, but why do people in their twenties have such problems too?

To get more sleep is definitely helpful, but try to get good, uninterrupted sleep, the kind that puts you in delta brain waves. Sleeping pills may help, but if you are almost as tired when you wake up as you were when you went to bed, then I would say they aren't doing you any good.

Another issue is what you eat and your supplements. Fast food is definitely not good for you nutritionally. It may be ok once in a while, but eventually your health will suffer, and your body will get stressed by not having good nutrition. Using a microwave is not good (google it). Eating processed food that you just heat up isn't a good idea either. Read the labels. Why do we need all those chemicals in our bodies? Packages that say "all natural" have the least chemicals. Good organic food is the best medicine for us. I know it may be more expensive, but how much do you pay your doctors to find out why you are feeling the way you do? This time of the year is a great time to go to tailgate markets, farm markets and anyone who has produce to sell or give away. Raise your own if you can; trade with a friend who has different produce.

Supplements are good, since our food doesn't give us the nutrition that it once did. Vitamins are good, but don't forget the minerals. They are very important, even minute amounts of minerals have a good effect. I suggest you check online for the best brands to use. Try some, and if you don't feel they are working for you, try something else.

Marge Bastian is an herbalist and nutritionist.

Treatments for medical conditions should always be coordinated with a medical professional.

Chapter Activities

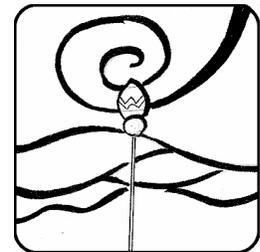
July Social

By Marilyn Gasque

As usual, ice cream topped our already stuffed "pot luck" bellies at Dora Nell Hedrick's member social at her home in Clyde in July. These dowsers can really cook..... as I like to brag about. Every year I come home thinking I'll learn to like to cook! There were new folks to show off Dora Nell's lovely oriental decked home to, and the "regulars" just settled in to familiar love-filled surroundings. Having the danger of lightning and showers hanging over us (though I'm sure Richard Crutchfield could have "handled" it) we stayed inside and traded dowsing stories. Fran Westin told us some interesting Emotion Code examples which use dowsing/muscle checking. Leaving before the deluge, I, for one, looked back at the tradition of Dora's July social and reflected on how lucky we are to have her in our Chapter. Thanks, Dora Nell!

If you would like to host a social in October or next year, and meet interesting dowsers and find out lots about your property, contact Marilyn (dowsingdaily at bellsouth.net).

The Wellspring is published quarterly at no cost to members by
The Appalachian Chapter of the American Society of Dowsers
P.O. Box 932, Asheville NC 28802
A chapter of the American Society of Dowsers



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