

NEWSLETTER September 2009

The Appalachian Chapter
(www.appalachiadowsers.org)
of
The American Society of Dowsers
(www.dowsers.org)

The WellSpring



September Speaker

Vincent Bridges

World Grid Update:

Geo-biology, Dowsing and Planetary Harmony
at

Unity Center in Mills River, NC

Vincent will present an overview of various earth grid systems and how to find them, from the large scale global grids to the local geo-biology lines such as the Hartmann and Curry grids. From the overview, dowsers will be able to use this basic knowledge coupled with his teachings on sacred geometry to interpret their findings from a higher perspective. His teachings on neo-geomancy will also bring us a step closer to understanding the ancient earth sciences.

He was featured in The Learning Channel's documentary "Atlantis in the Andes" (2001); the History Channel's documentary "Nostradamus: 500 Years Later" (2003) as the on-camera tour guide and historical consultant; and was the featured historian for the History Channel's "Lost Book of Nostradamus" (2007).

He has been instrumental in the creation of three schools, The Fifth Way Mystery School, The Newport Earth Institute and Pendragon College and is a pioneer researcher in the field of psycho-acoustic therapy which is a technique using light and sound entrainment of brain frequencies.

Vincent has produced his own translation of the I-Ching and his Egyptology work is widely respected and quoted by scholars. He has co-authored the following books: "A Moment to the End of Time: Alchemy, Fulcanelli and the Great Cross", "Mysteries of the Great Cross at Hendaye: Alchemy and the End of Time", "Interlude with Sally Hemings: Diary of a Spiritual Healing". Visit his website at www.vincentbridges.com for more information.

He is a world traveler, having organized and led tour groups to southern France, Egypt and India. He and his wife, Darlene (an artist), currently reside in the Uwharrie Mountains of North Carolina.

Chapter Meeting Saturday, September 19, 2009

Members Free ■ Non-members \$8

11:00 am – 1:00 pm

Registration (books and dowsing instruments for sale)

11:15 am – 12:45 pm

Basic dowsing class (pendulums and L-rods provided)

1:00 pm – 4:30 pm

Program (break 2:30 - 3:00 pm - no food provided, beverages for sale)

4:30 pm – 5:00 pm

Additional basic dowsing instruction (sales tables open)

Directions to Unity Center: I-26 to exit 40 (Airport and Hwy 280). Turn west toward the airport and Brevard. At about 1.4 miles, turn Right on Old Fanning Bridge Road. Go 2 miles and the Unity Center sign and entrance will be on the left. GPS address: 2041 Old Fanning Bridge Road; Mills River, NC 28759.

President's Corner

The Changing Nature of Dowsing

By Paul Bennett

Our Chapter will be 30 years old next year, being first organized by a venerable bunch of men and women, visionaries all, and granted a charter by ASD on September 17, 1980. The focus was on water then, and they played around with such practices as moving a water vein by driving a steel rod into the ground and whacking on it with a hammer. But right off the bat in the early 80's, our founders were expanding their scope. A 1983 newsletter item reports on a meeting where map dowsing games were tried. At that same meeting, Vern Peterson, one of the founders, spoke on "dowsing and its greatness to all, and what the elementaries are". Editing the newsletter for style and accuracy was not a big concern then. Early on, our members explored how to use the pendulum, how to dowse the different kinds of earth energies, find lost items or pets, and even remote dowse about distant events.

Through the 90's, the sphere of interest expanded to include dowsing for health and well-being, and what some people call "ghost busting", although that term is a bit limiting. Beneficial and non-beneficial energies became better understood. Toward the late 90's, more esoteric topics began to appear in Chapter programs – labyrinths, sacred spaces, ancient civilizations. In the 80's and 90's, the Chapter organized a weekend conference every few years, with eight or more speakers. A speakers' schedule, probably from a late 90's conference, includes UFO abduction, essential oils, and "ancient science and planetary mysteries". A program in 2004 dealt with topics related to the book *The Da Vinci Code*.

We have copies of an undated questionnaire form distributed by the national ASD, probably from around 2000. It shows the extent to which the ASD was struggling with the question of how far to expand the scope of dowsing meetings and conferences. It asks, for example, if you want your chapter to focus only on traditional dowsing, and it asks, "Are you interested in New Age topics (UFO's, crop circles, past lives, Feng Shui)?" If you have been to any of the recent ASD summer conferences, you know what direction they took. There have been sessions on shamanism, Mayan prophecies, sound healing, spiritual growth, crystal pro-

gramming, spirit rescue, psychic protection, and everything in between.

Spiritual awareness in the society at large is increasing, and dowsing doesn't just follow that trend, it is a leader. Learning about unseen realms, that's what dowsing is all about and that quest necessarily becomes spiritual. Not necessarily in a religious sense, it's about all the invisible energies, entities, and nature spirits. We can deal with the earth energies in a mechanical/scientific sort of way, but not the nature spirits and devas. If they exist, then there must be a hierarchy of spirit beings or intelligences. And some of us include the existence of personal guides in spirit form, who provide the answers to our pendulum questioning and our map dowsing.

We are part of a movement that is opening up a new kind of spiritual awareness. Of course many people find peace and comfort in the traditional church of their choice, and if that works for you, then by all means continue with it. The Unity services on Sunday are in the spirit of the new openness and some of our members attend them regularly.

The traditional explanation that dowsing works by "intuition", or by tapping into the collective subconscious, falls a little short of explaining how we can get recommendations for our personal behavior, or why we need to get permission for our questions. Dowsing teachers such as Sig Lonegren, Joey Korn, Susan Collins and others have quite openly embraced the spiritual nature of dowsing. The very positive response to Peter Calhoun at our February meeting shows that this kind of program resonates with our membership.

Paul Bennett is an engineer and lives in Buncombe County, NC.

Next year, we will return to the time-tested pattern of scheduling programs on the third Saturday in February, May, September and November. We have tried to bring you some high quality programs this year and our VP (Polly Elam) is lining up an exciting roster of speakers for 2010.



“Let RIP Do It!”

By

Richard Crutchfield



On the cover of a loose leaf binder containing copies of photos of the Appalachian Dowsters' first picnic (March, 1983) and original chapter documents (application for charter and the charter itself, dated September

17, 1980 and signed by President T. Edward Ross and all officers, including 12 trustees), is a laminated color drawing of a squat, bearded and ferociously scowling little hombre in a ridiculous ten gallon hat with dowsing rods drawn at ready, like six shooters, as he glowers at the ground ahead. This was the original “RIP”, probably drawn up for the Chapter by the man who invented him, John Shisler (one of my early dowsing mentors). Whether or not he also made the colorful banner depicting RIP, which Janet Shisler recently gifted to the chapter and which we now display at our meetings, I don't know, but the cartoon image is essentially the same and I surmise that they were made at the same time. Behind this character, who says “Let RIP do it!” are mountains, while below him appears the name “Appalachian Dowsters” by which we know ourselves today although in our charter we are listed as the “Appalachian Chapter” of The American Society of Dowsters (ASD). Below this bizarre image appears this explanation: With an L-rod in each hand, a pendulum dangling from the belt, a treasure or plot map in the back pocket and overflowing enthusiasm, RIP heads out to dowse! Who is “RIP”? (No, that's not “Rest in Peace”). RIP is your TOTAL self: “R” for your Reasoning ability or conscious self; “I” for Intuition or your subconscious self; “P” for your Psyche or high, superconscious self. Put it all together and that is the reality of what you use to dowse! Who is RIP? You are!

Whether or not this image served as the Appalachian

Dowsters' logo, trademark or mere mascot in 1987 when I joined, I don't remember, but it struck me then, and has ever since, as highly original and unique among symbols I had seen used by other ASD chapters. The question arises, of course, as to how John got the bizarre idea of such an irascible, ugly, aggressive and scruffy little cuss of a man in the first place. And he is ugly with his defiant stance, flat, bulbous nose, huge handlebar mustache, wild, frizzy and probably filthy hair, blazing, angry eyes, etc. The real question, however, is not the where or how of RIP, but the why. Why would John choose such an obviously “yang” character to represent an activity and an organization so closely allied to meditation, prayer and service in the healing arts rather than to defiance, power and revenge? Is there not an impossible contradiction here? Knowing John as I did, I would venture that RIP, perhaps subconsciously, represented the upbeat, aggressive, no nonsense, go get ‘em, problem-solving energy and personality that he himself brought to dowsing and to our organization. After all, being an ex-NASA engineer, he was, without doubt, our most solid authority on the scientific aspects of the art and on the necessity of maintaining structure and discipline in both organizational management and dowsing itself. (It may be that he played a major role in drafting our By-laws and the Policy and Procedures Manual). In this respect, one might say that the original RIP was a kind of alter ego of his originator, who approached dowsing with that very confident, almost defiant attitude, which explains his first words, “Let (me), RIP do it!”.

Added to the force and aggressive presence of this character and his insistence that we let him “do it”, of course, are the suggestions of his name itself. The verb “rip” in English, when combined with various prepositions, can do a lot of damage: rip up, rip into, rip out, rip apart, etc., even the colorful rip off. The dictionary is most helpful in describing various uses of the word “rip”. RIP might be, as slang would have it, uproarious (boisterous, noisy) or a ripsnorter (someone or something extraordinary).

The original sketch of RIP explains what the letters of his name actually stand for and the contradiction

(Continued from page 3)

between the character's appearance and name turns out to be a paradox of great significance and, I would add, genius. We all know by now that R.I.P. refers to a profound spiritual process – in fact, a secret formula for “doing it” that, when examined closely, well justifies this great enthusiasm and confidence of his. That secret is Huna, the ancient Hawaiian healing tradition based on the “Ha” rite (control of breath in prayer) and the use of the three levels of the self: Uhane (the logical, evaluating, conscious middle self), Unihipili (the intuitive, subconscious low self) and Aumakua (the spiritual or superconscious high self which connects us to the spirit world). One might well ask “Now, how in the world would an uncouth little cuss like RIP find out about this Huna thing?” Well, it, along with Silva Mind techniques, was very much “in the air” at the Appalachian Dowsters in the 80's when he came along. The great teacher and inspiration for Huna (and all aspects of dowsing) in those days was Janet Shisler's father, Vern Peterson, and our main source was the studies of Max Freedom Long. For the Silva teachings, one of the Appalachian Dowsters' most competent healers and presidents was Walt Dale. The combination of these two powerful modes of dowsing/healing offered for me, personally, a clear explanation of how dowsing and prayer can work together most effectively. They must have been heady material for RIP. No doubt his creator was very much a part of this amazing and exciting time for our Chapter. RIP grew directly out of this milieu of great excitement.

At some point in RIP's history with the Appalachian Dowsters, someone with an artistic flair stepped in, perhaps John Shisler himself, and refined RIP's coarseness with a few subtle but significant details that made the gruff representation of dowsing more in harmony with

the spiritual message of Huna. A careful comparison of RIP's image before and after reveals an almost total transformation in focus from that of an aggressive, rigid dowsing style to one of open and excited

curiosity. This is the RIP we know today. Note the eyes. Instead of glaring menacingly at the ground, he is looking upward, eyebrows raised in seeking as we often do when trying to recall something by tuning into the right brain. Looking upward also suggests appealing to the high self for guidance. Even the broad, high hat seems to suggest scanning for higher cosmic energies in the dowsing search. Armed with a new positive attitude and the powers implied in his name, RIP's original defiant stance with rods at ready as if for a shoot-out, is now a stepping forward into the unknown with rods open and trusting showing acceptance, wonder and curiosity for anything that he encounters in his search for the truth.

Suggestions, of course, are what emblems are all about - complex systems of symbols and metaphors that challenge our imagination. This is exactly what I think RIP has evolved into being for us - an ingenious and appropriate symbol of who we have come to be and what we are all about - an image whose creator, John Shisler, deserves our respect and gratitude.

Richard Crutchfield is a professional dowser and lives in Buncombe County, NC.



Preamble to the By-Laws of the American Society of Dowsters, Inc.

Dowsing is a faculty employed with intent to expand the perceptive abilities of its practitioner beyond three dimensional limitations. It is a most ancient, varied craft, as ancient and varied as humanity itself. Dowsing has roots, among all manner of peoples, lands, and epochs. There seems to exist an ageless natural knowledge that enables us to identify ourselves with an unknown source of being and becoming; it is of primary significance, joining Earth, sea and stars.

Explanation of dowsing's whys and wherefores is still far from satisfactory but to refuse to explore the unexplainable simply because it cannot presently be explained is unscientific and irresponsible. Dowsing is fact.

As awareness grows, the public mind should recognize that, when based on ample training, experience and talent, dowsing is a most useful skill applicable to many fields of human activity.

Spiritual pride is to be avoided by the dowser. Psychic powers, intellectual aptitudes or physical skills are useless unless applied for the benefit of all because they bring increased sensitivity. These may properly be expressed only in an increasing awareness of the oneness of all life and in greater love for the whole of humanity.

Any activity that investigates, perpetuates and expands humankind's lore, mysteries, beliefs, traditions and useful abilities should command at once loyalty and service. In the energizing of such activity, the power generated in and by a group of interested persons is greater by far than the sum of its numbers. Upon these concepts, The American Society of Dowsters, Inc. is founded.

November 21st Dowsing School

Lecture Agenda

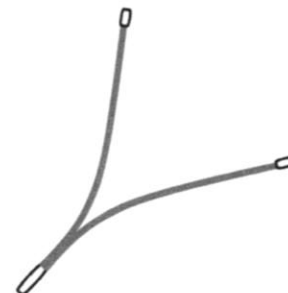


11:15 AM - 12:45 PM

Basic Dowsing Class Instructor: Lee Barnes

Class Topic: "Introduction to Dowsing Basics"

Longtime Appalachian Chapter dowsing instructor, Lee Barnes, will facilitate a hands-on introduction to basic dowsing techniques for beginners and skeptics. Lee has developed a fun and stress free class that includes an overview of the wide range of dowsing techniques and leads the group through our Chapter's new Field Exercises course. Students will be given basic dowsing tools (simple, handmade pendulums and L-rods) and instructed how to dowse for hidden chocolate bars, shown how to sense flowing water, given tips on detection of underground pipes, and entertained with various other skill building demonstrations. Visit the Appalachian Chapter ASD website at www.appalachiandowsers.org.



1:00 PM - 2:30 PM

Speaker: Marty Cain

Lecture Topic: "Dowsing: A Geomancer's Tool"

Marty Cain will share her theory of how dowsing works and why it is essential for the harmonic placement of sacred sites in harmony with all life in the universe. She will use labyrinth designing as an example of site creation as well as provide handouts that further instruct and lead attendees to helpful resources for their continued progress. L-rods will be provided for the class and available for purchase at a nominal fee of \$10.00. Visit Marty's website at www.martycain.com.

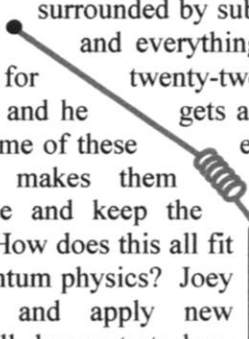


3:00 PM - 4:30 PM

Speaker: Joey Korn

Lecture Topic: "Unlocking the Secrets of the Energetic World"

We are filled with and surrounded by subtle life force energies that are behind the scenes of everything in life, connecting us to everyone and everything in the universe. Joey Korn has been passionately exploring these energies with dowsing for twenty-two years, seeking to unlock the secrets of the energetic world. He asks questions of the universe, and he gets answers. What are these energies? Why do they make the same repeating patterns? Why do some of these energies seem to be detrimental to us, causing what many call "geopathic stress"? What makes them detrimental in the first place? Is geopathic stress real, or is it an illusion? How can we make and keep the energies around us beneficial and supportive of what we most desire to bring into our lives? How does this all fit into ancient spiritual teachings, such as Kabbalah, and into modern science, especially quantum physics? Joey will answer all of these questions and more, helping us to demystify the metaphysical and apply new understandings into our lives. Everything is ultimately knowable in the Light. He will demonstrate how we are integrally tied to the energies of the Earth and how to keep the energies within and around us balanced and beneficial, to support what we want to attract into our lives. Learn more about Joey's work at www.dowsers.com.



Chapter Events and Announcements

No food will be served at the September meeting. We invite everyone to bring a bag lunch and/or snack for break time if you so desire. An assortment of beverages will be sold for \$.50 each during the meeting.

August Picnic

The annual Picnic (open to the public) will be at the Hawk and Ivy (www.hawkandivy.com) on Saturday, August 15th near Barnardsville, about a half-hour drive north of Asheville. This idyllic rustic setting in the hills, with its large converted barn pavilion and surrounding deck, pond and open fields, is perfect for relaxing and sharing dowsing stories with your friends. We will have games and field exercises to test your dowsing skills too. Our hosts are Eve and James Davis, Appalachian Chapter members. Bring a food dish or snack item to share. Drinks, ice and serving items will be provided. Festivities from 11 am to 3 pm. No dogs allowed. Call in advance for handicap parking accessibility (828-626-3486).

Directions: Take I-26 / 19 / 23 north from Asheville to Exit 15 (Rt 197). Turn right toward Barnardsville (approx. 6 miles ahead). After another half mile, the Hawk and Ivy will be on the right. Parking is in the grass field to the left across the street from the Hawk and Ivy. Look for the red "Dowser Meeting" signs along the road. GPS address is 133 North Fork Rd; Barnardsville, NC 28709.

October Field Trip

The October Field Trip (open to the public) will be held on Saturday, October 17th at Chimney Rock State Park in Chimney Rock, NC. The state of North Carolina has recently purchased the park and has added new features such as guided nature tours. Check out their website (www.chimneyrockpark.com)!! October is a great time to get outside and absorb Mother Earth's wonderful vibrations and exquisite fall beauty. We will have a signup sheet at the September meeting to get an idea of how many people are interested. The cost is \$14.00 per person for adults. Bring your own bag lunch and drinks or eat at a restaurant onsite. We will meet at Unity Center in Mills River at 10:00 am and carpool from there. The drive will take approximately 30 minutes.

Directions: The Park is located 25 miles SE of Asheville and Biltmore on US 64/74A. GPS address is 431 Main Street; Chimney Rock, NC 28720. Don't forget your camera!!

November Meeting

The Chapter will host a Dowsing School on Saturday, November 21st from 11 am to 5 pm at the Unity Center in Mills River, NC. Basic, intermediate and advanced dowsing techniques will be taught. See ad on page 5 for details.

Book and Dowsing Instrument Sales

Chapter member, Victoria Rubley is now manning our sales table. Help support our Chapter. Visit her table and look over our selection of popular books. We also have a great selection of dowsing instruments and accessories at very affordable prices.

Members' Advertising Table

We will provide a table at the September meeting and each meeting thereafter for our members to advertise their personal businesses or special interests. We ask that you provide your own display rack. Please limit the advertisements to brochures and business cards. (No items for sale allowed on the table). We ask that each person take their remaining advertising materials and display racks home with them after each meeting.

Election for Treasurer

An election for Treasurer will be held at the November 21st Chapter meeting. Nominations submitted to a Board member before October 1st will be listed in the November newsletter. The listing will include the person's occupation, town of residence and any relevant experience.

Labyrinth Dedication Ceremony at Unity Center

Unity Center is building a community labyrinth on their grounds and the dedication ceremony will be September 10th. Call Unity at 828-891-8700 for time schedule of the ceremony. Chapter members are invited. This will create a wonderful power spot where we have our meetings.

Picture Gallery



May Social at Nick and Deb Giardina's Farm in Mars Hill, NC. Members and friend enjoy the panoramic view. Mother Earth, we honor you in all your glory!



After enjoying the good vibrations on the property outside, some gathered inside to exchange dowsing stories. On second thought, maybe they came inside to eat!! Where's the food?



Do I see dowsing instruments in those hands? Yep, I think there are two sharp shooters on the right with weapons in hand! Pooch may have a bead on something too.



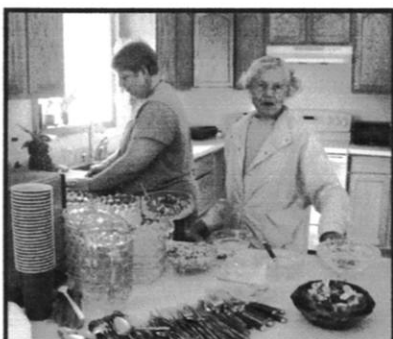
Chapter Board members from the left, Becky, Paul, Lee, Richard and Polly surprised by camera while hard at work during June Board meeting. Becky still has one ear open for taking minutes.



Same folks, same meeting after posing for this second picture. Paul has taken his glasses off and Polly is smiling. Lee has picked up a piece of paper to look busy. Richard just woke up.



The photographer finally got Richard to look at the camera and smile. Becky is still multi-tasking and smiling while Polly gives Richard the dowser's antennae! Now Lee is fighting sleep.



Dora Nell Hedrick (first picture, second from left) and guests enjoy some fun and fellowship at her house during the Chapter's July social. Pot luck lunch was served to a happy and hungry group. Afterwards everyone went outside and dowsed. Mini-lessons were given to some guests while others just enjoyed finding water veins, energy grids and vortexes.

To Your Health

Body Dowsing Your Food and Supplements

By Margery Bastian

You can use dowsing for everything, but when it comes to your health, it is especially important. What I suggest is dowsing using your body as a pendulum. If you haven't learned this, listed below are some instructions.

Stand, and get quiet, with your eyes closed. Ask your body to show you a 'yes'. Then wait and your body will move in a particular direction. This is your 'yes'. Then ask your body to show you a 'no'. This is your 'no'. You can use this method of body dowsing on food or supplements and any questions that can be answered with a 'yes' or 'no', the same as with a regular pendulum.

When you are in a grocery store, put your hand over a piece of fruit, as an example. Then ask your body (silently within your mind) "Should I, may I, can I?". You can also ask each question separately. Different dowsers have different beliefs on this. Remember, if you ask "Can I", it would seem like you were asking if you were capable. So be careful how you ask questions.

Some of the questions to ask for fresh fruits and vegetables are:

"Will I like it?"

"Is this ripe enough for me?"

"Is this good for me?"

"Is it fresh?"

"Is it good tasting, sweet or firm?"

Make sure your questions are clear, concise and can't be misinterpreted. Remember, your mind takes you at your word, no interpretation, just what you say. For example, if you were checking coffee and asked "Will I like it?" you would probably get a 'yes'. Then asking "Is this good for me?" it could be a different answer.

If you are looking at canned foods, some good questions would be:

"Is there anything in here that my body shouldn't have?"

"Is it a good combination for me?"

When testing supplements of any kind, because there are a lot of different items in each one, ask:

"Does my body need this or need this combination?" If you are buying more than one supplement, hold all together in either hand and ask "Is this a good combination for me?" or "Should these be taken together?". If you get a 'no', check each separately.

If your dowsing indicates you should get all of them, each day before taking them, hold each bottle separately and ask:

"Should I take this today?" If so, ask "How many should I take this morning?". (For example, vitamin C can be variable as to how many each day.) Then, ask about the next one. Each time you check one, ask if it can be taken together with the ones you have already checked.

This sounds like a lot of work and time consuming effort, but it gets easier. Some of us have a tendency to take too many supplements at times and these techniques will help with that. Some days your body will want less of some and maybe not any at all. Just ask before taking them if it is time to take a day off.

Margery Bastian is an intuitive, herbalist and cook and is knowledgeable in diet and supplements. She lives in Leicester, NC.

Health treatments should always include the advice of a licensed medical practitioner.

PESTO SAUCE (makes about 1 ½ cups)

3 cups loosely packed fresh basil

3 tbsp pine nuts, lightly toasted

2 cloves of garlic

¾ cup extra virgin olive oil

¼ cup grated Parmesan cheese



Place basil, nuts and garlic in the food processor and blend for 1 minute. Add olive oil to desired consistency. Remove from processor. Add cheese and mix well. Salt to taste.

*Critter Corner***From the Horse's Mouth****By Kate Pittman**

There are times when an image of an animal jumps into my mind. When a far off voice seems to be making a request, I make time to dowse the situation and confirm or deny the accuracy of the message. Late this spring a horse called Sam, made a plea quite loudly.

As is often the case, his voice came through just as I entered that wonderful space where waking and dream-time images start to merge. Not only did Sam say he had physical issues to discuss, but there was an emotional and intellectual concern on his mind that needed to be conveyed to both his person/owner and his trainer.

Sam is a talented and articulate stadium jumping horse I have had the pleasure of working with for over three years. Sam is my friend. He is an outstanding competitive athlete when working and a fun-loving, beguiling, enormous imp off duty. In part, because of their love of this wonderful guy, both his trainer and person have taken the time and energy to learn to dowse and use dowsing to communicate with Sam and other critters. They've been able to chat with him for a while now. Because of their practice, it's obvious that dowsing isn't even needed all the time now.

I wasn't surprised by Sam's recent request to talk to me in person with his trainer present, but because he does like a little extra attention and often feels entitled to it, I dowsed to find that, yes, it was in the greater good for me to be on site rather than communicate from afar. The reason wasn't clear right away but soon the content of our second topic of conversation helped us understand. First though, Sam and I discussed his physical concerns. Together we clarified the best course of action for his bodily problems, dowsing our way through all the possibilities. Then the big fellow, quite formally asked to use me as an interpreter for what he considered the most important reason for our 'meeting'. His person was unable to be there, but he asked that his trainer and I pass on his concerns.

Sam, hesitantly at first and then with increasing emotion expressed considerable frustration with his two main humans. To paraphrase for the sake of clarity and space, Sam said the following:

"I'm annoyed. Both of you know how to talk to me

and are good at it, but I'm tired of what *you* choose to talk about. When I'm not at work, all you do is talk baby talk to me. You babble when you feed me treats. It's belittling."

"When working, you make demands and only ask questions related to things that are important according to your human ideas and goals in that situation. You don't ask my thoughts and needs. You convey yours and expect that since I hear them I should obey and honor those more than my own. This is not communication and it is disappointing. Since we can talk, we should be talking as equals."

"There is going to be a time when I can't jump anymore and be the spectacular Sam in the ring. I want to show you what I want to do and can do very well for you. This is so you will still think me important when I don't perform in competition. If you see a lot more of my talents, then maybe you won't want to sell me when I can't get you ribbons any more. Being somewhere else would make me deeply sad."

"I want to help with the other horses here at the farm. I can talk to them and gather information about them to help you understand their problems. I want to do what Kate does for you, but not so slowly. (That was so very true, albeit, humbling. The critters analyze and communicate instantly at times.) I don't want to make changes the way she does, just tell you what is going on and speak for them. I will be a valuable helper that way, even when the job I do now is over."

What a wonderful gift Sam gave us that day. He articulated that which so many animals want to say. "Please use our communications with you to understand and honor our importance, not in the ways of the past, but with celebration for the partnerships of the future."

This is a lovely sentiment, expressed by a strong and generous fellow being. How fitting it is that Sam asked me to share his experience and requests with you in this, the last of my Critter Corner articles. May we humans accept with grace our limitations and acknowledge our place as equals among all the beings of this Universe. Thanks for listening.

Kate Pittman is an intuitive, dowser and animal communicator living in Western NC with her wonderful husband and fur kids.

Dowsing Instructor's Corner

Field Dowsing Exercises

By Lee Barnes

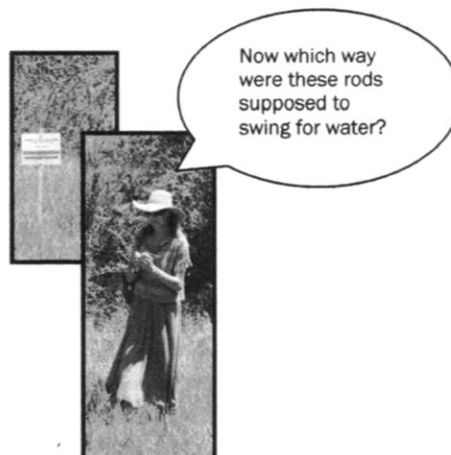
The Appalachian Dowsters now have an exciting tool to aid the teaching of dowsing and allow for individuals to expand their experience at their own pace. Dowsing instructor Polly Elam created and materialized a series of Dowsing Field Exercises with labeled laminated signs for our Chapter's Basic Dowsing Classes and for all members, both beginners and advanced dowers, to practice and expand their skills.

The outdoor Field Exercises are planned to be available throughout the day at all quarterly public meetings and special events for members and visitors to increase their skills. The Field Exercise Stations identify buried pipes, septic field lines, underground electrical lines, water well sites, dowseable energy lines, energy grids, vortexes, and even fairy habitats.

Please remember to bring your dowsing tools so that you can use the Field Exercises to verify and increase your range of skills. We encourage our more experienced dowers to help us fine tune these exercises and suggest others or recommend modifications.

Each new dowsing skill strengthens and develops discipline, aids clarity of mind, and leads to more accurate answers, not only with these Field Exercises, but also with the whole range of dowsing quests and the successful "Indago Felix" – "The Fruitful Search".

Lee Barnes, PhD Environmental Horticulture, is a Land Stewardship Consultant. He lives in Haywood County, NC.



CHAPTER OFFICERS, OTHER BOARD MEMBERS AND ASSOCIATES

| | | |
|----------------------------------------|------------------------------|--------------|
| PRESIDENT: Paul Bennett | paulwbennett@bellsouth.net | 828-299-3008 |
| VICE PRESIDENT: Polly Elam | polly_elam@yahoo.com | 704-219-2079 |
| TREASURER: Harriett Belue | presentmoment@charter.net | 828-628-3638 |
| SECRETARY: Rebecca Walker | appalachiaandowers@gmail.com | 828-550-0898 |
| DIRECTOR AT LARGE: Lee Barnes | lbarnes2@earthlink.net | 828-452-5716 |
| DIRECTOR AT LARGE: Richard Crutchfield | highwatchdowsing@gmail.com | 828-274-3423 |
| BOOKS & MEDIA: Victoria Rubley | vic.rubley@gmail.com | 828-645-4042 |
| NEWSLETTER: Polly Elam | polly_elam@yahoo.com | 704-219-2079 |
| WEBSITE: Paul Bennett | paulwbennett@bellsouth.net | 828-299-3008 |

Articles by our members for publication in the newsletter or on the website are welcome. Submission deadline for the November issue is September 26th. Send by email to polly_elam@yahoo.com.

Have a question about dowsing? Post it to the Dowser Chat room on www.appalachiaandowers.org and get responses from your peers. If your email address has changed and you want to continue receiving notices of events, please send an email to Rebecca Walker at appalachiaandowers@gmail.com.

CHAPTER LOGO DESIGN CONTEST

HELP US DEVELOP A NEW LOGO DESIGN FOR THE CHAPTER

The Appalachian Chapter Board of Directors would like our members to help us with ideas on developing a new Chapter logo. The winners of the contest will each receive a coupon worth \$25 which can be redeemed at our Chapter sales table. The design can be either hand drawn or a computer generated draft using amateur graphics software. (Designs created by a non-member professional graphics artist will not be accepted.) The design should consist of simple dowsing related graphics without text.

Entries should be emailed, as attachments, to appalachiandowsers@gmail.com or mailed to Appalachian Chapter ASD; P. O. Box 932; Asheville, NC 28802. Up to five different designs from each contestant will be considered. Entries must be received by August 30, 2009 to be entered in the contest. The winning designs will be chosen by a panel of judges consisting of Board members and Chapter members not submitting entries in the contest. The winners will be announced at the September Chapter meeting and be presented with their prize.

All designs submitted will become the property of the Appalachian Chapter of the American Society of Dowsters. The winning designs will be used as an idea base for the final development of the Chapter logo.

Put on those thinking caps folks. We need your ideas!!!

RIP's TIPS

- **Program your dowsing instruments with a definite set of movements you both will understand and you will have a common language for communication.**
- **Always do a clearing of your dowsing instruments before each dowsing session.**
- **Read, read, read all you can and then dowse, dowse, dowse all you can.**
- **Ask specific, concise questions and you will get clear and exacting responses from your dowsing tools.**
- **When dowsing a site location, always let your dowsing instruments be the boss.**



I'll always be there when you need me, trust what I tell you.

Happy Dowsing, RIP

The WellSpring
of
APPALACHIAN CHAPTER
The American Society of Dowsters
PO Box 932 Asheville, NC 28802

The WellSpring

Table of Contents

| | |
|-------------------------------------------------|-------------|
| September Speaker and Meeting Info..... | Front Cover |
| President's Corner by Paul Bennett..... | Page 2 |
| "Let RIP Do It!" by Richard Crutchfield..... | Pages 3 & 4 |
| November Dowsing School Lecture Agenda | Page 5 |
| Chapter Events and Announcements | Page 6 |
| Picture Gallery | Page 7 |
| To Your Health by Margery Bastian | Page 8 |
| Critter Corner by Kate Pittman..... | Page 9 |
| Dowsing Instructor's Corner by Lee Barnes | Page 10 |
| Logo Design Contest and RIP's Tips | Page 11 |

Join the Appalachian Dowsters

To apply for membership in the Appalachian Chapter, print the membership form at www.appalachian Dowsters.org and send it with the membership fee of \$25 to the address on the form or pay by credit card through Pay Pal on our website. A couple living at the same address may both join for \$40 total. Membership entitles you to free admission at Chapter meetings, social gatherings and free subscription to the newsletter. After joining, you can check your membership expiration date. Click on "Membership Status".