



# The Wellspring

Newsletter of the

**Appalachian Chapter**  
American Society of Dowsers

WEBSITE: <http://wncdowsers.org>

LISTSERV: [WNCdowsers@yahoogroups.com](mailto:WNCdowsers@yahoogroups.com)

May 2008

## May meeting to feature SEVA

The Science of Energetic Vibrational Attunement, or SEVA, will be the topic of the May quarterly Chapter meeting. Our presenter will be Geri Edwards, who has practiced and taught the technique since 2001. She uses the phrase "Dowsing for Health" as a subtitle to the program. Geri's practice is based in Hickory.

SEVA was originated by Colombian physician Dr. Lau Camilo Sanchez. SEVA does not diagnose in the traditional sense; rather it brings into greater awareness your physical, emotional, and mental/spiritual states. The method emphasizes that all these levels need to be involved for successful healing.

Besides SEVA, Geri has studied extensively in a

number of fields including herbal therapy, homeopathic medicine, Neuroscenar biofeedback, colon hydrotherapy and therapeutic massage. She was instrumental in organizing the first homeopathic study group in Catawba County, and was a volunteer teacher for over 10 years. The Catawba County Homeopathic Society is one of the largest groups of its kind in the southeast.

Geri Edwards also started the first Montessori school in Catawba County in 1979, teaching and serving on the board of directors. For over twenty years she worked in interior design and was an ASID-qualified designer. Geri says, "Self-improvement begins with knowledge, awareness, and the willingness to grow."

### May Chapter Meeting

Saturday, May 17, 2008

10 am – 3 pm; pot luck lunch. Registration starting at 9:15 am.

*Members \$3 Nonmembers \$6*

Leicester Community Center, 2979 New Leicester Hwy (Hwy 63), Leicester NC

Other meeting details and directions: page 10

As always the meeting will be followed by our 1-hour basic dowsing class outside (weather permitting), for those interested in hands-on instruction.

### Dowsers' Social – April 12

If you receive this newsletter in time, please join us for socializing and dowsing at the home of Chiwa in East Asheville, on Saturday April 12 (11 am - 3 pm). Please bring something for the pot luck lunch. Fridge space is limited so bring a cooler for cold items if possible.

Directions:

From Asheville take I-240 East to exit 7 (rte. 70, Tunnel Rd.)

East on Tunnel Rd, then 2 blocks to Overbrook Rd. Right on Overbrook Rd, and up the hill to a T intersection. Right onto Overbrook Place. Last house on the left #22. Park in the church parking lot.

Phone number: 298-0426 Address: 22 Overbrook Place, Asheville NC 28805

## **Claiming Our Power**

By Richard Crutchfield

If anything was learned at our February meeting, it was that health and related subjects are fast becoming the top issues of today – and for good reason. We Americans seem to be more and more assaulted by a plethora of new and strangely mutating viruses, retroviruses, mycoplasmas, fungi, molds and other toxic biological organisms and chemical compounds never before encountered, and which are undoubtedly compromising our immune systems. (For a comprehensive analysis of this situation, especially in relation to chemtrails, vaccinations, etc., see Dr. Leonard Horowitz's *Emerging Viruses and Death in the Air*).

Most of us are by now aware that there is a marked – and in many cases alarming – rise in degenerative diseases such as Alzheimer's, MS, fibromyalgia, Parkinson's and a host of others, not to mention cancer and autism. Allopathic medicine seems less and less able to identify the causes, to cure or even alleviate the symptoms of these illnesses. Most of us would admit that pharmaceuticals not only seem unreasonably expensive and less effective all the time, but often compound the problem. In short, our health care system, as well as the health of the environment (not mention our governance and economy) are in crisis.

The question for us now is how we can make dowsing truly relevant in all this. The task seems overwhelming. How can we really make a difference, since science, at least as it has been perceived in our culture since the Enlightenment and the Industrial Revolution, seems so little capable of or willing to view the human being as a holistic energy field that interrelates with all other fields. The answer for me at least, lies in what we have said all along, that not only is the body intimately connected with the mind, the emotions and the spirit, but that literally everything in creation is energy, has a "signature frequency" that can be identified (if we know enough to ask the right question) by dowsing, and is in some kind of relationship with all other frequencies. And I, along with many others, would add that once these energies are detected they can, in more cases than we have yet realized, be manipulated for healing or restoring balance in much the same way that we mentally alter the vibrational frequencies of noxious earth energies. I would venture that we are not as helpless in the coming chemical and biological Armageddon as we have been led to believe.

Call this "prayer", "psychic healing", "shamanism", working in "dream time" – or what you will, but it is quite common among dowsers in these times of "quickenings". The possibilities for us, in my view, are wide open and the challenges unprecedented. Our speaker in May, Geri Edwards, working on a subtle level with the body's energy fields, will demonstrate a dowsing methodology for exploring some of these interesting possibilities.

To apply for membership in Appalachian Chapter, print the membership form at [www.wncdowsers.org](http://www.wncdowsers.org) and send it with the membership fee to the address on the form. Until June 1 the membership fee for a year is \$15 and entitles you to reduced admission at quarterly meetings, the newsletter, and social gatherings. Membership in the national American Society of Dowsers is optional but encouraged ([www.dowsers.org](http://www.dowsers.org)).

### **New membership fee structure**

As of June 1, the annual membership fee will increase to \$25 per year. As a member you will be entitled to:

- free admission to quarterly chapter meetings (just sign in – no payment delays)
- the quarterly newsletter
- 10% discount coupon good for one purchase at the book table
- a free business card-size ad in the newsletter
- a link to your business on the chapter website
- free social events throughout the year

The non-member admission charge for chapter meetings will go to \$10 beginning with the September meeting.

## Dowsing the Labyrinth

By Paul W. Bennett

Hundreds of new labyrinths are being constructed each year. Their builders are obviously on to something. Many people have found that walking the labyrinth renews them and gives them additional perspective on themselves. Almost always when people talk about walking the labyrinth there is a spiritual aspect to their words, or at least a sense of mystery. Not surprising that many labyrinths are outside of or inside churches. But a church is not required for a spiritual experience.

In his book Labyrinths, dowser Sig Lonegren says "Sacred space enhances the possibility of contacting the nonphysical, the nonrational. Labyrinths are an excellent way for a seeker to bring out his/her intuitive side".

A labyrinth is a single path leading to the center. You could build a labyrinth that is a simple spiral. But that is rarely done. Most designs have twists and turns. You don't progress evenly toward the middle; you go back and forth, in and out. The design almost forces you to continually rework your perspectives and assumptions.



Seven-circuit labyrinth

The "seven-circuit" labyrinth from ancient Crete is thousands of years old and is the most common pattern.

Since 2002 I have walked ten or twelve different labyrinths. I decided to investigate whether there is more to a labyrinth than meets the eye; specifically whether there are dowsable energy lines associated with them. I found that indeed there are. A labyrinth is



Light Center labyrinth

alive. It focuses energy; energy that anyone walking the path can absorb. This energy also goes into the Earth to help heal it.

With the help of our member Polly Elam, I investigated several labyrinths in the western NC area. They all have straight energy lines coming out from the center, all the way around. The labyrinth at Warren Wilson College is a large, well-constructed one, with the center of the path near the geometric middle of the design. It uses the standard 7-circuit Cretan design. It has a gravel path with rock separators. It had 36 radial lines the first time I went there. I traced one of the lines outward for as far as I could, about 500 feet. The radial lines were evenly spaced – 10 degree angles all the way around. The direction of energy flow alternated from one line to the next – in toward the center, out from the center, in, out, etc. There was a vortex at the middle. But the second time I went there, I counted only 32 lines. Had I made a mistake the first time?

The beautiful labyrinth at the Light Center in Black Mountain, also a 7-circuit design, showed 28 radial lines the first time we visited there. The hillside labyrinth at the Labyrinth Center in Fairview, which I have been to several times, shows anywhere from 28 to 34 lines at different times.

My next discovery on revisiting these labyrinths was that between each pair of the easily-findable lines there was a weaker line. I hadn't noticed these before or wasn't shown them. Thus there are an equal number of the major and the weaker minor lines. The diagram on the next page shows 8 major and 8 minor lines for simplicity; in reality there are always at least 24 of each kind.

The Light Center labyrinth actually has 56 lines in all, counting both types. The Mountain Valley Center's labyrinth in Otto (near Franklin) had 60 lines total.

The small labyrinth at the Unitarian church in Black Mountain uses a non-standard design. It progresses more evenly from outside to center than the Cretan layout. It also had 60 total radial lines (30 of each type).

There is a large labyrinth at the Kanuga center outside Hendersonville. It is the most permanent of all the ones I have been to, being made of poured concrete. Its design is the 11-circuit Chartres pattern. Walking that layout is a serious undertaking. There were 36 major and 36 minor radial lines on the day I was there.

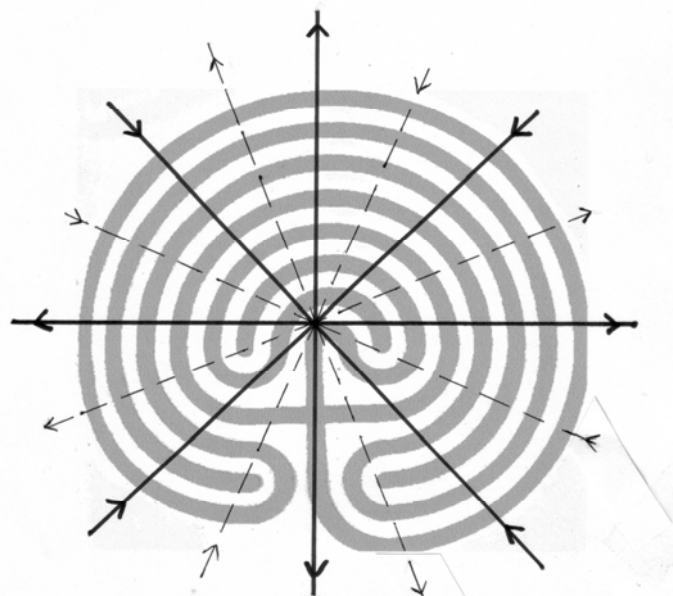


Chartres labyrinth

### Common principles

Some of the principles that I confirmed through the pendulum are:

- The number of radial lines in a labyrinth can change from day to day.
- There are an equal number of major and minor lines. The major lines alternate direction, as do the minor ones.
- There is a vortex at the center. It is strong in some labyrinths, weak in others.
- Energy comes down from above, radiates outward, returns to the center and goes down into the earth.
- The lines go into and radiate out from the *geographic* center of the labyrinth, which may or may not be where the end of the path is. In a well-designed labyrinth they coincide. (The Fairview layout is very distorted and the path center is several feet from the geographic center. In the Otto labyrinth there is a rose quartz rock at the path center. We dowsed that it wanted to be



moved to the geographic center, but the owners preferred it left where it was.)

- The energies in a labyrinth are beneficial and have a frequency that can people can access.

### The labyrinth gnomes

After most of this research was done, I came upon the booklet *Gnomes and the Labyrinth* by our member Marty Cain. Marty is a woman, artist, and longtime labyrinth builder. In that book she talks about the two gnomes who attend her and teach her about Earth energy. Marty's gnomes explained that a labyrinth softens the intense energy of the universe and slows down its vibration, so it is available for us to use. The gnomes further said, "An intense vortex comes down into the center of the labyrinth and mixes with an energy vortex that is spiraling up from deep within Earth. This mixing makes ripples in the field, which are what you dowse to mark the seven rings of the labyrinth. It also creates wide lines consisting of these combined energies that radiate out from the center into the landscape...They appear to be straight lines but actually are made up of two ribbons that twist and turn about each other in a kind of dance. They travel more or less straight across the landscape, varying in strength and width depending on the time of day. Eventually they drop deep within the Earth where they nourish the water and roots of trees and plants." (*Gnomes and the Labyrinth* is available for \$8 from the national ASD online bookstore ([www.dowsers.org/books.html](http://www.dowsers.org/books.html)))

A careful reader might note that there are some factual differences between this picture and the principles I outlined above. But all the sources of teaching agree that labyrinths are alive energetically and they energize people walking them and the landscape surrounding them.

## How I Dowse for Uncomfortable Subtle Energies in Homes and Offices

By Lee Barnes

I dowse for “uncomfortable” subtle energies using easily learned intuition techniques developed while dowsing for underground flowing water and geological faults. Simply, I usually feel tightness in my chest that I find uncomfortable and by training, my hand turns a dowsing L-rod devised to indicate edges and flows of these weak energy fields. (A typical person can detect a magnetic field 1/100<sup>th</sup> the strength needed to move the pointer of a magnetic compass.)

I prefer the term “uncomfortable subtle energies” rather than “geopathic” (“earth-pathic”) or “negative energy” since these energies may be beneficial to some high energy-loving animals, such as cats, groundhogs, and honey bees. (Dogs, horses, and cattle avoid these high energies, and are said to be good indicators of places comfortable to humans.) Over 70 years of study in Europe have linked long term exposure to these subtle natural and man-made energies with insomnia, immune deficiency diseases, and formation of tumors. There is a long history of dowsers sensing various fields, energy lines and grid patterns, vortices, etc. I recommend the Earth Energy Group’s Glossary from the British Society of Dowsers webpage for an illustrated glossary of terms. I believe these subtle energies to be electromagnetic in nature, with harmonic interactions of standing-wave forms.

I usually walk around the perimeter of a house or office to detect dowsable energy fields. I mark these fields with surveyor flags on all sides of the house. I then dowse inside the house and mark the fields with Post-it Notes. I most often find linear “Dowsable Energy Lines” (Dels) that appear as narrow-to-wide bands ranging from a few inches to several feet wide. For me, these “Dels” dowse as planar 3-D “curtains” that extend vertically to upper floors.

I use the dowsing technique developed by the well-known dowser, Walt Woods, to determine a person’s “Safe Time” in these energy fields. Safe Time is a complex function of 1) an

individual’s personal health and ability to recover from exposure; 2) relative strength of field and distance from source(s); and Time in Hours spent in these fields. The summation of these interactions can determine how many hours an individual can tolerate these fields without harm. So a safe time of 5 hours would not be a good place to sleep 7 hours, etc. Safe times of a few hours are to be universally avoided.

I “bioassay” an individual’s auras by dowsing. I can easily dowse the edges of the body’s bio-electromagnetic field that is created by the body’s chemical reactions to form a sort of homeostatic field around the body. Exposure to Dels either weakens the immune system or stresses the body specifically in the areas directly exposed to the Dels. A healthy person’s aura will extend several feet from their outstretched hand while exposure to flowing underground water or Dels causes the aura to “shrink” several feet towards the body. This is an easy technique to learn and demonstrate on others.

I generally show clients how to detect these energies themselves using dowsing tools or with their individual sense of comfort or relaxed state. I ask them to move their beds and work stations out of these Dels and see how that affects their sleep or personal energy level. I DO NOT attempt to divert or block these energies due to unexpected consequences or possible harm to others. Flowing energies need to flow! Historically, dowsers have blocked, diverted, transformed, or offered prayers to make these energies harmless. These actions may make noticeable improvement, however, individuals should be diligent to monitor changes over time in these subtle energy fields that make them uncomfortable again. Be aware of your intuitive comfort and empower yourself to sense and avoid uncomfortable subtle and not-so-subtle energies.

*Lee Barnes is a member of App Chapter and a professional dowser. Contact him at lbarnes2@earthlink.net.*

## Recent Member Spotlight

**Spotlight on:** Victoria Rubley

**Where do you currently live?**

Just off the Blue Ridge Parkway near Weaverville.

**What is your occupational identity?**

I am a freelance writer and editor.

**How did you get started in dowsing?**

I was introduced to dowsing by Richard Crutchfield, a neighbor who came to my assistance when my beloved sixteen year-old dog, PeeWee, began experiencing some mysterious health and behavioral changes. In addition to identifying my pet's primary problem, Richard put me in touch with App Chapter members Kate Pittman, who works as an animal communicator; Laurel Davis, DVM, who uses dowsing in her veterinary practice; and Ed and Romella O'Keefe, who did some remote location clearing. Within five days we had five dowzers of different specialties rallying around us, and the results were unbelievable. My sensitive dog was completely restored to her usual high spirits. I was so grateful and relieved. The dowsing community was really here for us.

**What have you been involved in since then?**

After that experience, I was determined to learn as much as I could about the art of dowsing and am developing an ability to communicate with members of the insect world, the most diverse and abundant life form on earth.



### *Do Your Part*

#### **Host a Social Gathering**

Volunteers are needed to host socials for June and November in 2008. A social can take the form of an in-house gathering, picnic, or field trip. A picnic could be at a private home or at a public park or other suitable location. We try to stay within a 20-mile radius of Asheville except for field trips. We usually hold social gatherings on a Saturday in the middle of the month. Talk to Marilyn Gasque or any board member.

#### **Interact with other members**

Post short comments of interest to dowzers at WNCdowzers on Yahoo. If you belong to that group, just send an email to WNCdowzers@yahoo.com and all others will get it. This is a great way for beginners (or anyone) to ask questions and get answers from their peers. Contact the moderator, Lee Barnes, to join (contact info on page 3).

### Chapter Officers, other Board Members, and Associates

			(area code 828)
PRESIDENT:	Richard Crutchfield	highwatchdowsing@gmail.com	274-3423
VICE PRESIDENT:	Marilyn Gasque	dowsingdaily@bellsouth.net	692-5197
SECRETARY:	Paul Bennett	paulwbennett@bellsouth.net	299-3008
TREASURER:	Harriett Belue	presentmoment@charter.net	628-3638
DIR. AT LARGE:	Lee Barnes	lbarnes2@earthlink.net	452-5716
DIR. AT LARGE:	Connie Hummel	artist@hal-pc.org	505-0472
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	Laurel Davis	laureldavis@bellsouth.net	775-3333
WEBMASTER:	Joseph Allen	tigerseyedowsing@yahoo.com	242-7824
NEWSLETTER:	Paul Bennett	paulwbennett@bellsouth.net	299-3008

## *The Critter Corner*

By Kate Pittman

Working to find lost animals is not something I do often, although it is an area where dowsing skills are needed with unfortunate regularity. Asking “permissions” to help in such situations almost always leads to my apology and a referral to somebody else. I just can’t seem to stay emotionally removed enough to trust the answers my pendulum gives and my dowsing system knows this. When I, like most dowers, get emotionally involved in a situation it seems that if permission is granted anyhow, my accuracy tumbles. There have been times, though, when my involvement has been called for.

My “maiden voyage” of dowsing for a missing animal came many years ago. It was on a quiet evening in the late fall when the phone rang and an anxious sounding friend asked me to help find his lost hound. He lived in the Pisgah National Forest and his companion had left on a romp two days earlier, but didn’t return. This beagle is very gregarious and easily distracted. Add the scents of a new adventure and that of hot dogs on a campfire together and Buster will almost forget to breathe. Pleasant fall weekends draw many people to the Forest and provide ample foody odors that tempt Buster and other critters away from home, often neglecting to tell their families where they are going.

The questioning process was done and provided encouraging results. Buster was alive, in good health, very happy, and safe. He had eaten recently and was well hydrated. It was long after dark and I dowsed that Buster was settled in for the night. Asking many questions and dowsing a large topographical map enlightened me as to what had happened. He had indeed been lured by whatever enticement presented itself into the Forest and to Picklesheimer Fields in Transylvania County. There he met up with a pair of campers with whom he spent the night. The next morning he left their company in favor of that of a single hiker. They roamed the mountains together all day and settled for the night at Sycamore Flats along the Davidson River. They were still together and Buster would be found with this hiker, very tired after so much exercise, but otherwise happy with life.

Our friend accepted this news a tiny bit reluctantly, because of the dread of being disappointed. Off he went into the night. Within two hours our phone rang again and I heard a very happy voice spilling out the real story. He said he found Buster happily ensconced in the company of a single person in the Sycamore Flats campground. The young hiker had met up with him that morning in Picklesheimer Fields where the nosy dog had been visiting a middle aged couple who had set up camp for the weekend. Evidently this seemed too boring to the pup, so off he went with the next new best friend. Buster was, until that experience, tagless, so contact with a legitimate family member was seen as impossible. Luckily, there was a very happy ending for Buster, his person and his brand new identification tags.

Since then I have learned and used many other things to help a lost critter when allowed to dowse those situations. Among other things, we can dowse to chat to and reassure animals. We can ask them if they can see or feel energy “beacons” and if so create one, or an energy path for them to follow home. There are lessons about safely crossing roads, when not to eat or drink something that might be toxic, noises for them to listen to, and other practical matters for them to consider. If an animal’s resistance is sensed by us in conversation, we can determine why they left, if issues at home drove them away, if they want to be found and sometimes we can help them work things out with their families. In the unhappy instances where they may have “gone home” to the other side through accident or misadventure, we can help in the search for earthly remains and bring a little closure to those left behind.

I know there are dowers out there drawn to this rewarding work, practicing skills in map dowsing, communication and detachment that bring a lot of splintered families together again. Hopefully many more are practicing to do this too. The critters who have been, or are yet to be found, certainly thank you.

*Kate Pittman is a dowser, intuitive and animal communicator. She lives in Haywood County.*



## The Master Dowser

By Richard Crutchfield

The original scrapbook of Appalachian Dowsters, on the front of which is the first ever drawing of our mascot RIP (and the explanation of who/what he is), contains our ASD chapter charter, dated 17 Sept., 1980. The first ASD trustee to sign the charter was President Terry E. Ross II, one of the most talented and famous dowsters in the country whom our chapter later invited to speak at Asheville conferences often. One of the nine organizers of our chapter and signers of the charter was Vern A. Peterson, a retired airline pilot of great charm, dowsing know-how and eagerness to share. The "Master Dowser", he was called by his admiring and loving colleagues. His interest in spiritual research, stretching the boundaries of dowsing, and Huna prayer was legendary, as were his colorful personality and style.

One of several surviving photos taken on March 12, 1983 at an early Appalachian Dowsters picnic (entitled "Treasure Trove") at the 10 acre farm of Cecil Whiteside in Fletcher, shows Vern grinning as he holds forth a buried "treasure" he has successfully map dowsed: a can of fruit wrapped in \$5.00 bills. (To this day his daughter Janet Shisler is our best practitioner and teacher of map dowsing, and this tradition of dowsing picnics "at the farm" has been continued, thanks to her, at Vern's old blueberry farm "Cloud Nine" in Fletcher). As recorded in this old scrapbook entry, and typical of what we remember of so many picnics over the years, Vern "spoke on dowsing and its greatness to all, and what the elementaries are all about. "



Vern was no doubt influenced by America's best dowsing minds such as Terry Ross, Bill Finch, Ed Jastram and the like. Vern always came to our meetings – all of them, even if only in a wheelchair - - armed with new and ever more astounding esoteric information to share, especially concerning entity depossession (which he called "delousing" - he had a wonderful sense of humor!), dowsing the character of politicians (which he called "psychometric analysis"), and prophecies of the coming earth changes. A great mentor and inspiration he was. After all, dowsing is a very individual thing; it's the joy of sharing that makes it go.

### *To Your Health*

#### **Stay healthy on your next airplane trip**

By Margery Bastian

Here are some easy ways to protect yourself on long trips from conditions such as colds, respiratory infections, aches and pains, and pulmonary embolism, a possible fatal condition where blood clots form in the leg and then can break away and travel to the lung.

Since the air in airplanes is recirculated, air isn't cleansed of germs. Also, the humidity is usually 10% or lower. With low humidity, the membrane lining in your nose and respiratory track makes it easy for viruses and bacteria to take hold. The best prevention is boosting your immune system. The day before, the day of, and the day after your departure, take one half dropperful of echinacea



tincture (you can get this in any health food store), with 2000 mg of vitamin C. Take the vitamin C in two divided doses of 1000 mg each. If you are not used to taking vitamin C, start a week ahead of time and take 200 mg twice a day until you can work up to the 1000 twice a day.

Drink 16 oz. of water just before boarding. With restrictions today it will also be cheaper than buying it all while on board. Then drink 12 ounces each hour you're on board.

For pain in your spine, place a rolled blanket behind your back. Also, I find a U-shaped pillow for your neck is a big help. An inflatable pillow works well since it takes up less room in your carry-on.

Exercises: Shrug your shoulders up and down and then roll them forward and back. Tilt your head to one side and then to the other, holding it each time for a few seconds. Also, tilt your head

forward and then back.

To prevent a pulmonary embolism: Sitting almost motionless slows your circulation, so in order to not form blood clots in your legs some movement is essential. Get up and walk about the cabin occasionally. Also, stand on your toes, then rock back on your heels.

More exercises in your seat: Sit with your back straight and feet flat on the floor. Lift heels and then rock back on them. Then flex and point your toes. Then do ankle rolls by rotating your foot one way then the other. Do leg lifts by pressing down on your thigh with your hand and lift the thigh against this resistance. Do both legs 20 times.

I also recommend wearing looser fitting shoes, as your feet can swell, and if you take the shoes off, you may have a hard time getting them back on at the end of your flight.

# AMERICAN SOCIETY OF DOWSERS

*The 48th Annual International Dowsers Convention*



From the ASD national Convention Committee:

“Our Convention Committee has been preparing for the 2008 annual American Society of Dowsers’ National Convention. We are excited to announce that the Convention will be held at a new venue, Killington Grand Hotel and Conference Center in Killington, Vermont. The dates for the Convention are **August 6th – August 13th**. Each year we look forward to inviting many new speakers and welcoming back familiar faces that are well known to ASD Convention attendees. We keep the content of every Convention fresh, varied, and enticing. This year our convention theme is “What the Bleep is Dowsing ... an Esoteric Adventure.”

More info: [www.dowsers.org](http://www.dowsers.org)

## Quarterly Meeting Schedule

May 17, 2008

9:15 – 10:00	Registration	12:30 – 1:30	Lunch / book table
10:00 – 12:00	Program	1:30 – 3:00	Program, continued
12:00 – 12:30	Business meeting	3:00 – 4:00	Dowsing clinic

See ya there!



### QUARTERLY MEETING INFORMATION

Fee Schedule: **members: \$ 3.00 ; non-members: \$ 6.00.**

Lunch Arrangements: **Pot luck** with ample kitchen facilities for warming and preparing dishes. Volunteers are needed for setting out food and cleaning up.

Books and Supplies: sales table, with books and other items related to dowsing, will be open during lunch and from 3:00 to 4:00 PM. Members and guests are invited to bring their used books and periodicals related to dowsing, healing, earth sciences etc. as a donation to the chapter to be sold during quarterly meetings.

Because storage space is limited, however, unsold items should be retrieved at 4:00.

Dowsing Clinic: Lessons and demonstrations in basic dowsing, as well as advice for intermediate dowsers, will be arranged by one or two experienced practitioners following the afternoon program, according to the needs of those interested. This period and the lunch hour are the best times to share experiences, chat with the program speaker(s), and peruse the supplies table.

### DIRECTIONS TO LEICESTER COMMUNITY CENTER

**From I-40, Exit 53B** and Asheville center : follow I-240 west thru Asheville; on the Westgate Bridge over the river be in the left two lanes, and continue onto 19/23 west (Patton Avenue). 4<sup>th</sup> light, near Ingles, is Leicester Hwy (state hwy 63). Turn right onto 63.

**After turning onto 63**, follow it for about 9 miles, passing signs for Erwin Middle and High Schools, and Leicester Elementary. The Community Center is less than one mile past the Leicester Supply Company, which will be on the right. There will be a low sign for the Center on the right.

**From I-40, Exit 44:** turn Left at the end of the ramp onto 19/23 (Patton Ave) going toward Asheville. Leicester Hwy (Rt 63) will be on the left near the second Ingles grocery store. Turn left on 63. See directions above (“after turning onto 63”).

**From I-26 going north** toward Asheville: exit I-26 onto I-40 West. Take Exit 44 off I-40 and follow the above directions.

**From I-26 East going south** toward Asheville: I-26 will merge with 240. On the Westgate Bridge over the river be in the left two lanes, and exit 240 onto 19/23 west (Patton Avenue). 4<sup>th</sup> light, near Ingles, is Leicester Hwy (state hwy 63), going to the right. Follow directions for “After turning onto 63” above.

Upcoming quarterly meetings: May 17, 2008; September 20, 2008; November 15, 2008

Mark your calendar! The July Dowsers’ Social will again be held at the beautiful home of Dora Nell Hedrick in Clyde, NC (outside of Waynesville). Saturday July 19. Approximate times: 11 am to 4 pm. Bring a dish for the pot luck lunch. \*\*\* ice cream social @ 3pm \*\*\*

➡ A host is needed for the June social – contact any board member. It will be announced at the May meeting. ◀

## *Earth Day 2008 – April 19 – Calendar of Events*



### **Earth Day Asheville**

A **concert event** to raise funds for earth-friendly projects. The event features winning bands chosen by popular vote, as well as an Asheville's own Designer Fashion Show featuring recycled materials, and an after-concert dance party.

At the Orange Peel, Tuesday April 12, 7 pm – 12 pm.  
Organized by Quality Forward and Earth Fare.

LOVE YOUR MOTHER...



**EARTH**

© wondercliparts.com

### **Annual Asheville Earth Day Festival**

Free event open to the public, will feature a live music stage, food and beer vending, and a large Eco-village and Kids Village, designed to welcome organizations from the greater Asheville and Western North Carolina area to share their causes with the conscious community of Asheville. Sponsored by Greenlife Grocery.

Location: MLK Park, Asheville. Saturday April 19, 11 am – 10 pm.

### **Intergenerational Earth Kinship Classes**

Hands-on classes include natural building, composting, wild edible plants, growing veggies and fruit trees and more.

Six Saturday mornings, 10 AM - 1 PM, April 19 - May 24.

Sliding fee scale: \$10-\$20 per adult, \$10 per youth, per class. Take one or more classes. For more information: [blueheron5@hotmail.com](mailto:blueheron5@hotmail.com), or call Gail: 225-7665.



### **Sustainable Development**

A 'Lunch and Learn' Speaker Series titled "Mountain Green: Perspectives on Sustainable Development," will be held on several Mondays at Warren Wilson College. Each series program, to be held from 11:30 a.m. - 1 p.m. in Canon Lounge of Gladfelter Dining Hall, seeks to engage the greater community in a conversation about best practices for developing our mountain region. Cost of the pre-program buffet lunch is \$5.50 cash; the program itself is free of charge.

**Landscape Art** created by RiverLink participants will be displayed in the Pack Place Community Gallery (Asheville Art Museum) from April 2 to May 7, 2008.

**Everyday is Earth Day** at Chimney Rock Park. Guided hikes and programs focusing on recycling and conservation. April 19 - 20 and April 26 - 27 at the Park.

**Asheville Strive Not to Drive Day** - Friday May 16

**Bike To Work Week** - May 12 - 16

“We do not inherit the earth from our ancestors, we borrow it from our children.” – Native American proverb



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