



# *The Wellspring*

Newsletter of the

**Appalachian Chapter**  
American Society of Dowsers

WEBSITE: <http://wncdowsers.org>

LISTSERV: [WNCdowsers@yahoogroups.com](mailto:WNCdowsers@yahoogroups.com)

February 2007

## **Raymon Grace to speak at February meeting**

Raymon Grace is a native of the Appalachian Mountains of Virginia and has been studying dowsing and forms of healing since 1973. Raymon teaches in a "down-to-earth" manner that characterizes his life (he doesn't own a suit and tie). His teaching is filled with stories from life experience, and sprinkled with humor. He has spoken and taught at many healing, dowsing, and Silva method conferences and schools.

Raymon has a wide circle of interests including:

- Dowsing
- Alternative Self Healing and medical intuition
- Finding Your Life Purpose
- Spirit Communication
- Prosperity and self-empowerment

Mr. Grace is fortunate to have benefited from such teachers as:

- Jose Silva, founder of The Silva method of mind control
- Rolling Thunder, a Cherokee medicine man
- Chief Two Trees, Cherokee Chief and world renowned healer
- Tom Brown, "The Tracker", founder of Tom Brown's Wilderness Survival School and author of many books on survival and Native American philosophy.



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## **New officers elected at November meeting**

At the November business meeting the following new officers were elected:

Vice President: Marilyn Gasque Marilyn and her husband Sam live in Flat Rock.

Treasurer: Katie Barrett. Katie has an accounting and computer background and works as a network administrator. She has lived in this area for 8 years.

Secretary: Paul Bennett. Paul is an independent software developer and lives in Asheville.

<p>February Quarterly Meeting February 24 2007 at Leicester Community Center, Leicester NC Speaker: Raymon Grace See p. 6 for details and directions</p>
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## President's Corner

By Richard Crutchfield

How can we deny it? A new and even more perfidious “Gold Rush” is on in these mountains. Only it’s land this time, and perhaps a more sophisticated form of carpet bagging. Big Money, whether in the form of wealthy out-of-town developer speculators or corporations, is carving up the choicest land, loading up whole mountainsides with tightly packed condos and palatial homes -- even artificial waterfalls! -- , then closing them off to the commoners (us), giving them paradisiacal names and making fortunes off it all, often at the expense of the ecology, history, people and culture of the region.



What does all this have to do with us, with dowsing? Surely we can have some mollifying or positive influence on this enormous and difficult change going on! I would say “plenty”. Our local charter, that of ASD and our work so far as individuals, all articulate that, if anything, dowsing teaching and services are - or should be - an integral and healing part of the web of well-being of any community, especially one being impacted by such misuse of the environment. After all, we are the ones most aware of and concerned at the deeper levels of energy, about the consequences of such activity on human health and spiritual growth. In my view our work is cut out for us.

One of the main problems for us now, it seems to me, is that almost no one, from developers and building contractors and architects, to landscapers and investors - even well drillers - seem the least bit aware of or interested in earth energies (much less the spiritual realm) and what the land’s real requirements and limitations are. Native Americans call this a “lack of respect”. Sacred sites are therefore violated; living areas are located over geopathogenic and other noxious energy zones, wells and septic systems are placed regardless of where the water veins are, and all without any knowledge of the presence of energy vortexes, earth-bound spirits or “chi” flows. The list goes on. The bigger the project, the more money involved, and the more roughshod and mechanical the approach, it seems. And perhaps the more disastrous the expense and the results.

One very obvious and serious case in point is the problem (even for the dowser) of finding a viable well site for each lot in a closely-packed development (given, of course, that there is no city water accessible), when there are only one or two veins coursing under an area of, say, 25 to 50 units. And what if the lots have already been sold? And what if the terrain is steep and boulder-ridden (which is often the case here), such that the drillers will be lucky to be able to set-up, much less hit a weak vein or to set-up on an alternate site? Some, if not most of these home owners will inevitably be without the most essential requirement: water. Will they not then turn on the developer with legal suits or demand a community well? And those who do find minimal water, will they be willing to share with their neighbors in a culture not prone to cooperation?

It seems incredible that developers would not be aware of this problem before they even invest in a piece of land, much less sell it for people to live on, but that is what, in my view, is going on. The only solution is education - convincing them about dowsing. My term for it is “housing dowsing” (not “house dowsing”, which is about clearing one’s house of noxious energies, or “delousing dowsing” - Vern Peterson’s term for entity clearing). Paul Bennett poses the essential “how to” questions (*see sidebar on p. 3 – ed.*)

If anyone needs convincing about the density and massiveness of some of the developments going in WNC, especially involving the reconstruction of a whole ridge, take a look at Echota Resort on the Ridge above Foscoe off of Rt. 105 west of Boone. I am now in the process of trying to determine how each one of that mass of condos is

supplied with water. While you are at it, dowse to see if the mountain feels violated, and on a 1-10 scale, by how much. Also dowse the percentage of units that are being compromised by geomagnetic stress.

### Issues Related to Housing Dowsing

By Paul Bennett

Some of the questions that arise about out-of-control development and how dowsing relates to it are:

1. How to educate the county government about the problem
2. How to lobby for development regulations relating to water availability
3. How to interest the city/county and/or developers in our services
4. How to gain credibility for our work, such as by creating a log of our members' successful dowsing projects
5. Should dowsers survey (even if unofficially) lands likely to be developed and create a database and/or maps of aquifer flows, etc.?
6. Should dowsers be compensated for their work by the city, county or developer?

## Raymon Grace to speak

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Raymon Grace website:

[www.lifeenrichmentseminars.com/Raymon](http://www.lifeenrichmentseminars.com/Raymon)

Classes taught by Mr. Grace include:

- Dowsing, energizing and purifying water
- Native American healing techniques
- Healing in the spirit world
  - How to protect against negative thoughts of others
  - How to determine if we have beliefs that affect our health, income, state of mind, etc.
  - How inherited memories affect us and how to change them
- How to use dowsing to clear an area of negative influences
- How to build an "Energy Structure"
  - Simplifying meditation and doing something with it
- Mental projection: changing negative situations into positive ones

The main projects that Raymon and friends are focusing on at this time are cleaning up the water, earth and air, changing and improving the energy in schools, and reduction of abuse toward women and children.

### Books by Raymon Grace:

The Future is Yours; Do Something About It  
Techniques That Work For Me  
Seasons of April: How to Help Your Kids  
Succeed

### CD's and DVDs by Raymon Grace:

Medicine Place  
Connected or Disconnected - The Choice is  
Yours  
Raymon Grace Energizes Water  
Programming Your Brain  
Reading the Dowsing Chart  
Choosing Prosperity and Freedom

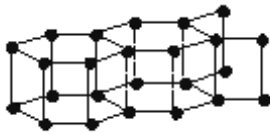
# The Miracle of the Snowflake

By Paul Bennett

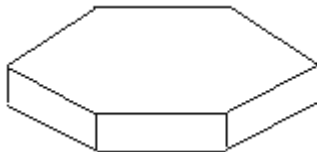
Snowflakes manifest in an incredible variety of forms – besides the familiar elaborate flake forms, they can be prisms, needles, plates and other shapes...but all showing 6-sided symmetry. How snowflakes form these amazing shapes remains something of a mystery. I researched briefly the current scientific theories for the complexity and symmetry of snowflakes.



The hexagonal form is easily explained. A water molecule (H<sub>2</sub>O) consists of an oxygen atom and 2 hydrogen atoms, forming a wide V shape with the oxygen atom at the vertex. In liquid water the molecules are separate and do not form any particular structure, but below 32 degrees F. they arrange themselves in a lattice of hexagons. The corners of the hexagons are oxygen atoms and the sides are hydrogen bonds.



The hexagons line up in the third direction. Thus a pure ice crystal takes on the shape of a hexagonal prism:



Water vapor in air crystallizes into a tiny ice crystal, and then other water molecules in the vapor attach themselves to the crystal, and it grows outward. This is where the fuzzy science starts, and many ice chemists agree that it's all still vague theory. "Why are snowflake shapes so elaborate? Nobody has a good answer for that" says Howard T. Evans, Jr., x-ray crystallographer. "The growth depends on exactly how water vapor molecules are incorporated into the growing ice crystal, and the physics behind this is complex and not well understood", says Kenneth Libbrecht of Cal Tech. In other words, "we don't know."

Some less-than-precise science writers imply that the ultimate form reflects a design that is physically present in the original crystal. But the original crystal is simply a lattice of hexagons and never varies.

The most commonly-seen hypothesis goes like this: as the crystal grows it falls through varying atmospheric conditions including temperature, and the particular shapes that develop are very sensitive to those conditions, and this explains the differing forms. The fact that all six arms or facets on one snowflake are the same (symmetry) is because they encounter the same conditions.

Maybe, but that still doesn't explain the symmetry *within each branch*. And, if this theory were true you'd expect all snowflakes falling in one place to look the same or almost the same.



The explanation is inadequate. The whole thing seems like a very labored attempt to explain how perfection can come out of randomness, and it smacks of the attempts, when crop circles first started appearing, to ascribe them to a very vague theory of "order out of chaos". Almost no one subscribes to those conjectures any more. It also reminds one of the traditional theory of evolution.

**Perfection cannot happen by itself** out of randomness. There has to be a design, that was imagined a priori by some kind of intelligence. A theory for snowflakes that science hasn't considered is that each forming ice crystal has its own consciousness, which directs the growth of the snowflake. Dr. Emoto has shown that the formation of an ice crystal is affected by the vibrational energy that it is immersed in. Doesn't this mean that each crystal has a consciousness, which responds to vibration and controls the crystal's shape? And isn't it likely that a crystal falling through the air, with no strong vibration to respond to, is free to manifest its own design?

Which is the simpler and most straightforward way to account for snowflakes: the nebulous scientific hand-waving that doesn't really present a clear and adequate case, or the consciousness one? (Aren't scientists supposed to believe in Occam's Razor?)



In any case, everyone can marvel at the amazing substance called water and the infinite variety of forms it manifests as snowflakes.

## Dowsing and Clarity

By Laurel Davis

When I began dowsing I became aware I had discovered a venue to answer any question I dared to ask. I didn't know how profoundly dowsing would impact my life. I learned how to create a space in my life for dowsing by hydrating well, asking the 'Can I?, May I?, Should I?' questions, and making sure I was not distracted during my dowsing. I was shaky when I first started but I was determined to do this dowsing thing. Perhaps I knew it was going to be a key stepping stone in my life. Each day I would wake and question whether I'd be capable of dowsing again on that day. Would my answers be clear?

I found the quickest route to ask clear questions was to ask my questions out loud. When I stated a question out loud then there was no escaping the question's uncertainties if there were any. On the other hand, I could also feel the power of stating a clear and specific question. Did each word in the stated question propel the actual question toward clarity? I was choosing the

vibration I sought to put out to the universe in the form of a question.

As time went on I became aware of the way my body felt when my questions were clear and my intent was wholly placed. Ah, so that was what it was like to feel clear. I became able to distinguish my 'clear' feeling from a distinct yucky 'unclear' feeling. I truly understood this was all a part of becoming more intuitive.

For me, the clarity that dowsing has brought into my life has precipitated major life changes in both personal and professional realms. My holistic veterinary practice has blossomed with the inclusion of dowsing related to medical conditions. Dowsing has brought connection to the wonders of each animal/caregivers physical, emotional, spiritual being. I now go to work in joyful anticipation of what will unfold as each of my patients walk through the door.

Sooo...if I'm putting my clear vibration (in the form of a question) out to the universe then wouldn't it make sense I would trust the returning vibration (in the form of an answer) would be clear, too. But that's a great topic for another article. Namaste

### Chapter Officers, other Board Members, and Associates

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"People have given their soul to the priests and preachers. Their health to the doctors. Their money to the bankers. Their rights to the lawyers and politicians. Their kids to the school system. And in so doing have lost their power to control their lives. It is time to use our minds and abilities and take back our power." - Raymon Grace, from Chief Two Trees

## Quarterly Meeting Schedule

February 24, 2007

9:30 – 9:50	Registration	12:00 – 12:30	Business meeting
9:50 – 10:00	Short meditation	12:30 – 1:30	Lunch / Book table
10:00 – 10:10	Welcome	1:30 – 3:00	Program, continued
10:10 – 12:00	Program	3:00 – 4:00	Dowsing clinic

See ya there!



### QUARTERLY MEETING INFORMATION

**Fee Schedule: members: \$ 3.00 ; non-members: \$ 6.00.** Talk to Richard Crutchfield about scholarships for children. Students are encouraged to participate free of charge at any time during the day.

**Lunch Arrangements: Pot luck** with ample kitchen facilities for warming and preparing dishes. Volunteers are needed for setting out food and cleaning up. (See sign-up sheet at registration.)

**Books and Supplies:** sales table, with books and other items related to dowsing, will be open during lunch and from 3:00 to 4:00 PM. Members and guests are invited to bring their used books and periodicals related to dowsing, healing, earth sciences etc. as a donation to the chapter to be sold during quarterly meetings. Because storage space is limited, however, unsold items should be retrieved at 4:00.

**Dowsing Clinic:** Lessons and demonstrations in basic dowsing, as well as advice for intermediate dowzers, will be arranged by one or two experienced practitioners following the afternoon program, according to the needs of those interested. This period and the lunch hour are the best times to share experiences, chat with the program speaker(s), and peruse the supplies table.

### DIRECTIONS TO LEICESTER COMMUNITY CENTER

**From I-40, Exit 53B** and Asheville center : follow I-240 west thru Asheville; on the Westgate Bridge over the river be in the left two lanes, and exit onto 19/23 west (Patton Avenue). 4<sup>th</sup> light, near Ingles, is Leicester Hwy (state hwy 63). Turn right onto 63..

**After turning onto 63,** follow it for about 9 miles, passing signs for Erwin Middle and High Schools, and Leicester Elementary. The Community Center is less than one mile past the Leicester Supply Company, which will be on the right. There will be a low sign for the Center on the right.

**From I-40, Exit 44:** turn Left at the end of the ramp onto 19/23 (Patton Ave) going toward Asheville. Leicester Hwy (Rt 63) will be on the left near the second Ingles grocery store. Turn left on 63. See directions above ("after turning onto 63").

**From I-26 going north** toward Asheville: exit I-26 onto I-40 West. Take Exit 44 off I-40 and follow the above directions.

**From I-26 East going south** toward Asheville: I-26 will merge with 240. On the Westgate Bridge over the river be in the left two lanes, and exit 240 onto 19/23 west (Patton Avenue). 4<sup>th</sup> light, near Ingles, is Leicester Hwy (state hwy 63), going to the right. Follow directions for "After turning onto 63" above.

Someone left a brown ribbed sweater (zipper up the front and the manufacturer's label "Jennifer Moore", XL) at the dowser's social gathering in October. If you own this, please call Marilyn Gasque at 692-5197.

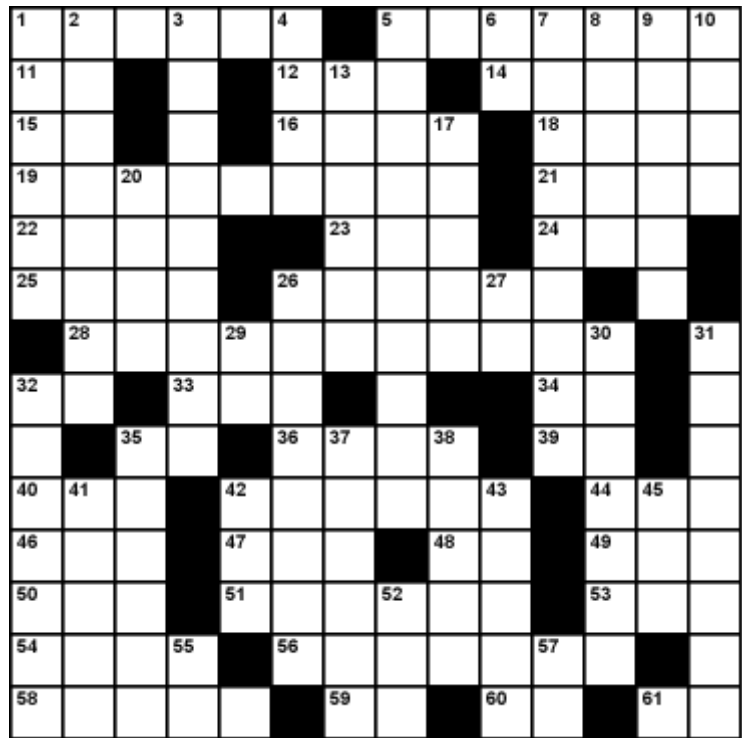
Has anyone resolved to Diet By Dowsing this 2007? I would certainly like a buddy system and any willpower hints you could share. The holiday photos told some tales (or is it tails?) that I would like to change the endings of. Maybe we could dowse each other's optimum weight and issues to resolve to effect change. Heck, with Richard's writing abilities and Huna & Native American insights, Kate's zero-ing in on the REAL causes of lack of will power, Raymon's energy atmosphere changes he's going to teach us, Laurel's secret hints from the pets, Lee's abilities to determine suitable pounds for the size frame and optimum pH, Margery matching herbal supplements to optimize weight loss, Paul's layout skills, Joseph's mind-body affirmations, Katie's spreadsheets and charts, we may just have the makings of the next Atkins-Zone-South Beach-Dr. Phil-Oprah-like diet book. – Marilyn Gasque

# Mo Wheeler's Personal Energy Types

By P. Bennett

## Across

- 1 You'll need one to do this puzzle
- 5 Rights upon being arrested
- 11 Prescription
- 12 Greek letter
- 14 Rose from chair
- 15 Drama series on Fox
- 16 One of the types
- 18 West Wing actor Rob
- 19 One of the types
- 21 Org.
- 22 Enjoys cuisine
- 23 Heating fuel, under pressure
- 24 Born (Fr.)
- 25 Former Italian currency
- 26 Alpine house
- 28 One of the types
- 32 Comparison conjunction
- 33 Comparison suffix
- 34 Recovery org.
- 35 Competition abbreviation
- 36 Italian desserts
- 39 Notation for emphasis
- 40 College near Albany NY
- 42 Hitchcock movie
- 44 TV actress Arthur
- 46 Floating zoo
- 47 Cash cow
- 48 Transportation mode (abbr.)
- 49 Section of a circle
- 50 Yes, in Tokyo
- 51 One-sided strip
- 53 Lease
- 54 Tennis star Kournikova
- 56 One of the types
- 58 Sorcery
- 59 MS neighbor
- 60 Big Easy
- 61 NC neighbor



## Down

- 1 Throw
- 2 Shouts
- 3 One of the types
- 4 Advance money
- 5 One of the types
- 6 Beatles drummer
- 7 One of the types
- 8 Rope necktie
- 9 One who is sensitive to energy fields
- 10 Red Sea port
- 13 Life force manipulation art
- 17 Geometric concept
- 20 To be (Fr.)
- 26 One of the types
- 27 Bradley of 60 Minutes
- 29 Emission notice on label
- 30 One of the types
- 31 One of the types
- 32 One of the types
- 35 One of the types
- 37 Percussion instrument
- 38 Raise shoulders
- 41 Life force (Sanskrit)
- 42 Actress Anderson
- 43 1940s actor Welles
- 45 Before
- 52 -- flash
- 55 Machine thinking (abbr.)
- 57 Originator of the types

(If you weren't at the November meeting, email paulwbennett@bellsouth.net for a list of the types)

### How to tell if you're over 50

- People call at 9 p.m. and ask, "Did I wake you?"
- You have a party and the neighbors don't even realize it.
- There's a burning building and no one expects you to run in.
- Your back goes out more than you do.
- You hum along with the elevator music.