

THE APPALACHIAN CHAPTER, AMERICAN SOCIETY OF DOWSERS

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QUARTERLY NEWSLETTER: FEBRUARY, 2005

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MEETING SCHEDULE: SATURDAY, FEBRUARY 19, 2005

Warren Wilson College in Swannanoa, NC

*(see directions on back page)

9:30 - 10:00	Registration
10:00 - 10:15	Welcome and Introduction
10:15 - 12:00	Speaker: Pat Dornick
12:00 - 12:30	Business Meeting
12:30 - 1:30	Lunch Bar/Books and Supplies
1:30 - 3:00	Speaker
3:00 - 4:00	Dowsing School/Clinic

Pat Dornick was born in Washington, DC, and stayed there through high school and college. She began metaphysical work when she was 24, and is now married, with two children, residing in Vermont.



FEBRUARY'S SPEAKER - PAT DORNICK

Calibrated Energy Therapy

This workshop will instruct the participants on specific techniques and processes that can promote a stabilization of our own human energy fields by building and strengthening its capacity to hold greater amounts of light.

Through the experience of guided meditations we can begin to understand the term "dimensional reality". Our physical mind is a complex sensory instrument that receives and interprets data from our superconscious, and subconscious mind levels. This data is sent to the various levels of our conscious mind for our interpretation and construct of our own personal realities.

It is vital to understand that as we grow, we begin to integrate greater levels of light into our daily lives. Techniques for clearing and communication change as we grow into a higher level of light (initiation/learning). We need to use the appropriate tools for the level of light we are in.

We all must constantly update the process and tools we use to understand and begin to integrate

our consciousness into higher frequencies of light and growth in our personal life.

When we recognize that the current tools we are using no longer support us, we need to work with clearing and releasing the old beliefs and habit patterns that are limiting our ability to access our own light. As our soul work evolves we grow in consciousness and abilities so that we can work within our own light. We can then gain access to clear ourselves of elements that held us from the light.

Our consciousness is learning to understand that it is merely working toward remembering and accepting itself as Part of its own God Self and that when we are ready to receive and as we accept this fuller richer Light in our life, we will ultimately become the Light.

This workshop is one of several in this series that begins a unique study, which offers fundamental skills to help integrate this work at our 3rd dimensional level. Learning to incorporate our dowsing skills and practicing how to ask the "right questions" as we are able to discern the appropriateness of our activity.

This workshop begins to give people a level of Soul awareness so they can begin to perceive how/when their Light body communicates with their physical body to allow them to recognize when to update their tools.

As we grow and are permitted to work with this knowledge we learn to open to our awareness. This information must first go into Super conscious mind then into the subconscious mind and then to our physical mind before we can use it at our conscious mind level. It must be worked with and integrated through all 3 levels to gain the understanding necessary to use at our 3rd dimensional level.

The following benefits may be received from attending these workshops:

1. Understanding the level of light you are currently working through
2. How to perceive when you have accessed a higher level of light and your current tools are not working and you need to update
3. To understand the changes that each step brings.

PRESIDENT'S CORNER



by Richard Crutchfield

If I've learned anything in this dowsing thing it is that you never know what's coming, so as the native people say, "stay awake; pay attention!". The other day I was dowsing for a well site for an old friend (and fellow member), Carlo Marzella, when he gifted me with an amazing little book by Japanese researcher Samaru Emoto, saying that it had literally changed his life.



Grace Maxwell continually offers Silva Mind Control Classes for the expansion of the mind. Please contact her if you are interested about times and places. (828-296-9522)

Coming from Carlo, that meant "pay attention!", so I dove into it immediately, recalling that I had heard somewhere of this man's quiet work on the crystallization of water molecules - specifically how this is effected by the energy of the surroundings. The book's title: "The Secret Messages In Water". What I discovered, as I am sure has occurred with Carlo and other dowsers, has astounding implications not only for dowsing as such, but for prayer, healing and our very thinking and presence in the world.

Emoto, having developed a method for photographing and studying the infinite variety of frozen water crystals, has found to his astonishment, that their intricate structure and

beautiful design (or lack thereof) are a direct result of the most subtle influences imaginable on water, such as our thoughts and feelings, words (both printed and spoken) and actions (polluting, for example). In fact, he concludes that water, which is both the origin and essence of life itself and which composes 70% of our bodies, is a vast and perfect storehouse of information ("messages") on everything in existence - even in history, whether ours or the planet's, and even regarding the origin of life in the Universe.

The point for dowsers, I think, is that this wealth of information can be accessed - at the asking. But there's much more.

Emoto has proven visually with photographic images that we can change the energy of water

(the content of its "messages") with our intention - by prayer, ritual and ceremony, in short, - and thereby heal. He finds consistently that the most effective words for empowering our intention are "gratitude" and "love", no matter what language they are spoken or written in. Perhaps the healing waters of the sacred sites of legend are no joke after all. Nor is the purification of polluted water at a distance.

A case in point: suppose we ask that the polluted water threatening the lives of the survivors of the recent SE Asian tsunamis be purified, even made into a universal healing agent? Who was it that said "Ask, and you shall receive"?

TECH NOTES

The App Dowsers website (www.wncdowsers.org) will continue to be undergoing new changes. If you would like a summary of your Member's Guide (see next page for details) to appear on the web page, let Joseph know.

Also, if you would like to advertise in this newsletter, rates are as follows:

- \$5 for half a business card-sized space
- \$10 for a business card-sized space
- \$50 for half a page

You must be a current paid-up member of the App Chapter to have the opportunity to advertise. Contact a board member for more details.

MEMBER NOTES

ATTENTION! MEMBER'S GUIDE DETAILS

The App Chapter is sponsoring a new benefit for members dubbed the "Member's Guide." This is an excellent way to advertise personal services, for no charge other than annual dues. Please understand, you must be a paid-up member to participate. This is what you will do:

If you have a home-based income program, such as offering music lessons, yoga classes, selling medical equipment, tax services, auto detailing, lawn mowing, plumbing, notary services...you can participate. Design a one-page, (can be front and back if you'd like), letter-sized advertisement. No legal-size paper. It can be text, may include pictures, be color, black and white, typed or handwritten, may include cut-out business cards, etc. This is your opportunity to become creative. It can include as much or as little contact information as you feel comfortable with.

Once you have completed the page, it's up to **you** to take it to a copy service place (Office Max, Office Depot and Kinko's are some of the cheapest, at around 5-7 cents each) and make 100 copies. Front and back copies cost more.

Bring your copies to the February quarterly meeting. Binders will be provided to all paid-up members.

Throughout the year, new members (or ones who didn't participate in February) may bring pages for you to take home and add to your Directory.

The ideal goal behind this will be that for the cost of the design and printing of your advertisement, along with your annual dues, you have the opportunity to advertise to a great, select group of people. Along with that, members who are looking for a specific service can go through their directory and find a local App Chapter member. This should be profitable to everyone.

Please participate! And be prepared at the February meeting to distribute copies of your Member's Guide sheet.

Flint's Garage

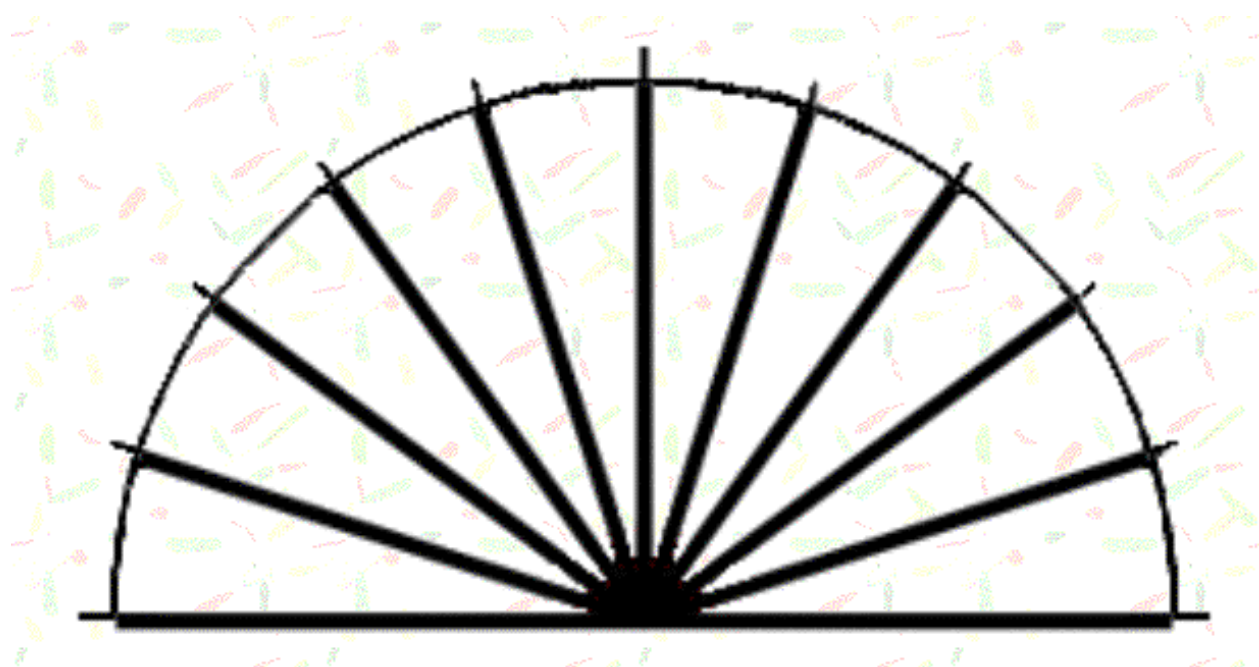
Auto repair,
transmission work,
brake systems

828-555-4121
www.flintsgarage.com

Dowsing Tips and Quips from RIP (Reason, Intuition, Psyche)

Question: RIP, I have a friend, one of those "collector" types, who is miserable. In fact, he is a hopeless, compulsive hoarder and is inundated with a life's worth of junk, to the point that he can barely get out of the house! What can I do to help him?

RIP: A common problem for those who can't "let go". Of things, relationships, records, memorabilia - whatever. Dowse: "Is the problem related to programs running in the subconscious? , from this life? from past lives?" If so, use your gift of imagination; make a list of possible "hang-up" programs. Go outside the box, be uninhibited; remember what Ed Jastram and Vern Peterson used to say: "The boys up there are sitting around just waiting for you to dream up possibilities, things for them to do!" Make a list of potential negative programs and dowse 'em out! Fear of not having enough? Of losing your identity? Of not being able to live in the Now? Of death? There must be at least 5 such essential programs. Once you've identified them, use your gift again- whatever works for you! Imagine a blackboard with all of them listed, then erase them (permanently, of course); or ask that they all be annihilated in the Divine Furnace of Oblivion, etc. Oh, and don't forget to fill their vacancy with a blessing of gratitude. And to get permission in the first place! You'll be amazed at the results.



GETTING TO WARREN WILSON COLLEGE

*Driving east on I-40 take Exit # 55, go underneath the interstate and turn R onto Hwy 70 and go east for two miles. Turn L at the first traffic light onto Warren Wilson Rd. and go 1.5 miles to the campus. Continue straight up the hill past the first entrance to the campus on your right to the intersection at the top. Turn L. onto Chapel Dr. The WWC chapel is straight ahead. Park in the lot or on the road to the left of the chapel. Fellowship Hall is behind the chapel, off the back end of it. Enter the Hall via a walkway along the right side of the chapel or off the road on the left side, where you will have to follow a path up to the ground level.

If you are driving west on I-40, take Exit # 59, turn R , go to the traffic light and turn L onto Hwy 70. Proceed west on Hwy 70 for about three miles and turn R at the traffic light onto Warren Wilson Rd. Then follow the above directions into campus and on to the Presbyterian chapel.

QUARTERLY MEETING NOTES

1. **Fee Schedule:** \$ 2.00 for members, \$5.00 for guests, And all students (high school and college) get in for free. For scholarships for minors, see R. Crutchfield at meetings. Warren Wilson students are encouraged to participate free of charge at any time during the day.
2. **Lunch Arrangements:** Pot luck with ample kitchen facilities for warming and preparing dishes. Volunteers are needed for setting out food and cleaning up. (See sign-up sheet at registration).
3. **Books and Supplies:** Sales table will be open during lunch and from 3:00 to 4:00 PM during the dowsing class/clinic. Members and guests are invited to bring their used books and periodicals on dowsing, healing, earth sciences, etc. as a donation to the chapter to be sold during the meetings. Due to limited storage space, however, they should retrieve unsold items at 4:00 PM.
4. **Dowsing Clinic:** Lessons and demonstrations in basic dowsing, as well as advice for intermediate dowers, will be arranged by one or two experienced practitioners after the PM program, according to the needs of those interested. This period, as well as the lunch hour, are the best times to share experiences, chat with the presenter, peruse the supplies table, etc.

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